



## WEEK 1 MENU

Monday	Tuesday	Wednesday	Thursday	Friday
<b>BREAKFAST</b>				
Sausage Link & Hashbrown Fruit Milk	English Muffin Cheese Sandw Fruit Milk	Pancake w/syrup Fruit Milk	Sausage, potato, egg & cheese burrito Fruit Milk	Waffles Fruit Milk
<b>AM SNACK</b>				
Mini Blueberry Muffins Water	Yogurt and Granola Water	Cheerios & Bananas Water	Seeder Crackers and Rais Water	Nutrigrain Bar Water
<b>HEALTHY LUNCH</b>				
Chicken Crispitos Corn Fruit Cocktail Milk & Water	Steak Fingers Mashed Potatoes Mixed Vegetables Milk & Water	Chicken Tortilla Soup w/ Tortilla Strips Pears Milk & Water	Pizza Spagetti Bread Stick Pineapple Tidbits Milk & Water	Loaded Baked Chicken Sandw Baked Tots Peaches Milk and Water
<b>PM SNACK</b>				
Pretzel and Cheese Dip Water Sub Tortillas infants - JT2	Apple Slices and Fruit Dip Water	Fig Bar Water	Trail Mix - Snack mix Water	Crackers and String Cheese Water



## WEEK 2 MENU

Monday	Tuesday	Wednesday	Thursday	Friday
<b>BREAKFAST</b>				
Waffle w/syrup	Scrambled Eggs and Bacon	Cereal	Sausage Breakfast Roll	French Toast Sticks
Fruit	Fruit	Fruit	Fruit	Fruit
Milk	Milk	Milk	Milk	Milk
<b>AM SNACK</b>				
Nature Valley Granola Bar	Nilla Wafers & Apple Sauce	Raisin Bread & Banana	Kellogg's Fruit Bar	Cheerio Trail Mix
Water	Water	Water	Water	Water
<b>HEALTHY LUNCH</b>				
Beef Stroganoff	Cheese Quesidilla	Chicken Noodle Soup	Meatballs w/ Marinara and Mozzarella	Cheese Pizza
Pasta	Pinto Beans	Dinner Roll	Broccoli	Salad mix with ranch dressing
Mixed Veggies	Pears	Oranges	Fruit Cocktail	Pineapple
Milk & Water	Milk & Water	Milk & Water	Milk & Water	Milk & Water
<b>PM SNACK</b>				
Graham Cracker W/ Cream Cheese	Oatmeal Raisin Cookies	Gingerbread	Vanilla Pudding w/ Nilla Wafers	Baked Apples
Water	Water	Water	Water	Water



**WEEK 3 MENU**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
Oatmeal Fruit Milk	Sausage Link & Hashbrown Fruit Milk	Pancake w/syrup Fruit Milk	Sausage Biscuit Fruit Milk	French Toast Fruit Milk
<b>AM SNACK</b>	<b>AM SNACK</b>	<b>AM SNACK</b>	<b>AM SNACK</b>	<b>AM SNACK</b>
Mini Blueberry Muffins Water	Yougut and Granola Water	Fig Bar Water	Cheerios and bananas Water	Nutrigrain Bar Water
<b>HEALTHY LUNCH</b>	<b>HEALTHY LUNCH</b>	<b>HEALTHY LUNCH</b>	<b>HEALTHY LUNCH</b>	<b>HEALTHY LUNCH</b>
Chicken Nuggets Mashed Potatoes Pineapples Milk & Water	Pizza Spaghetti Garden Salad Fresh Oranges Milk & Water	Chicken and Rice California Veggies Peaches Milk & Water	Grilled Cheese Sandwich Tomatoe Soup Mandarin Oranges Milk & Water	Cheese Burger Baked Tots Pears Milk & Water
<b>PM SNACK</b>	<b>PM SNACK</b>	<b>PM SNACK</b>	<b>PM SNACK</b>	<b>PM SNACK</b>
Bean Dip & corn chips Water	Graham Crackers w/ Apple Sause Water	Bread Sticks & Marinara Water	Apple Slices w/ Fruit Dip Water	Gingerbread Water



## WEEK 4 MENU

Monday	Tuesday	Wednesday	Thursday	Friday
<b>BREAKFAST</b>				
Sausage link & Hashbrown Fruit Milk	English Muffin Cheese Sandwich Fruit Milk	Pancake w/syrup Fruit Milk	Sausage, potato, egg & cheese burrito Fruit Milk	Waffles Fruit Milk
<b>AM SNACK</b>				
Muffins Water	Apple Sauce and Nilla Wafe Water	Goldfish Water	Cereal Mix Water	Nutrigrain Bar Water
<b>HEALTHY LUNCH</b>				
Beef and Bean Chili  Corn Bread  Pineapple Milk & Water	Cheese Enchilada  Rice  Pears Milk & Water	Chicken Tortilla Soup w/ Tortilla Strips  Fresh Oranges  Milk & Water	Chicken Crisпитos  Corn  Fruit Cocktail Milk & Water	BBQ Beef Sandwich  Baked Tots  Peaches Milk & Water
<b>PM SNACK</b>				
Corn Chips w/ Guacomole  Water	Cheese Cubes and Crackers  Water	Trail Mix - Snack Mix  Water	Vanilla Pudding w/ Nilla Wafe  Water	Baked Apples  Water
Sub: ritz crackers Infants - JT2				



## WEEK 5 MENU

Monday	Tuesday	Wednesday	Thursday	Friday
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
Oatmeal Fruit Milk	Cheese Toast Fruit Milk	Scrambled Eggs and Bacon Fruit Milk	Pancake w/ syrup Fruit Milk	Sausage breakfast Fruit Milk
<b>AM SNACK</b>	<b>AM SNACK</b>	<b>AM SNACK</b>	<b>AM SNACK</b>	<b>AM SNACK</b>
Mini Blueberry Muffins Water	Yogurt and Granola Water	Fig Bar Water	Belvita Biscuits Water	Nutrigrain Bar Water
<b>HEALTHY LUNCH</b>	<b>HEALTHY LUNCH</b>	<b>HEALTHY LUNCH</b>	<b>HEALTHY LUNCH</b>	<b>HEALTHY LUNCH</b>
Pizza Spaghetti Bread Sticks Pineapple Milk & Water	Chicken Nuggets Mashed Potatoes Mandarin Oranges Milk & Water	Cheese Pizza Salad w/ Ranch Pears Milk & Water	Chicken and Rice California Veggies Fruit Cocktail Milk & Water	Cheese Quesidilla Pinto Beans Peaches Milk and Water
<b>PM SNACK</b>	<b>PM SNACK</b>	<b>PM SNACK</b>	<b>PM SNACK</b>	<b>PM SNACK</b>
Graham Crackers & Cream Cheese Water	Guppies w/ Raisins Water	Gingebread Water	Oranges and Pretzels Water	Corn Chips & Guacamole Water