



SPRING & SUMMER WEEK 1 MENU

Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Hot or Cold cereal Fruit Milk	French Toast Fruit Milk	Yogurt w/ Cherios Fruit Milk	Bagel w/ Cream Cheese Fruit Milk	Waffles Fruit Milk
AM SNACK	AM SNACK	AM SNACK	AM SNACK	AM SNACK
Bananas Water	Cereal Mix Water	Apples Water	Oranges Water	Fruit & Grain Bar Water
HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH
Beef and Cheese Taco Corn Peaches Milk	Baked Ham Brown Rice Broccoli Fruit Cocktail Milk	Chicken Cheese Melt Carrots w/ Ranch Fruit Milk	Turkey Spaghetti Garden Salad Fruit Milk	Cheese Quesadilla Green Beans Applesauce Milk
PM SNACK	PM SNACK	PM SNACK	PM SNACK	PM SNACK
Crackers & Sliced Cheese Water	Cheez-Its Water	Pretzels Water	Snack Mix Water	Animal Crackers Water