



FALL & WINTER WEEK 1 MENU

Infants or children with allergies may write the child's name on the menu and CIRCLE items the child MAY eat and turn into your location's Kitchen Manager.

*Items listed in grey are specific to the Infant classroom ONLY. Formula or breast milk provided by the parent must be served with all meals and snacks.

A vegetarian option will be provided upon request and will consist of a dairy protein and whole grain.

FF= Flash Fresh Frozen | WG= Whole Grain

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cold Cereal Fresh Cutie Orange Milk	Cinnamon Raisin Toast Applesauce Milk	English Muffins w/ Honey Banana Milk	Yogurt w/ Granola Fresh Cutie Orange Milk	Sausage Biscuit Banana Milk
MORNING SNACK	MORNING SNACK	MORNING SNACK	MORNING SNACK	MORNING SNACK
Belvita Biscuit Fresh Cutie Orange Water	Buddy Grahams Banana Water	Apple Whole Grain Muffin Fresh Cutie Orange Water	Oatmeal Crumble Bar Banana Water	Better Breakfast Bar Fresh Cutie Orange Water
HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH
Tacquitos Pinto Beans Mixed Berries Milk	BBQ Chicken Sandwich Sweet Potato Tots (FF) Strawberries Milk	Meat Lasagna Mixed Veggies Banana Milk	Chicken & Rice Broccoli Carrots Sliced Apples Milk	Salisbury Steak & Brown Gravy Corn (FF) Peaches Milk
AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK
Graham Crackers Applesauce Water	Granola Bars Sharp Cheddar Cheese Water	Simply Gogourt Animal Crackers Water	Whole Grain Saltines Turkey Pepperoni Water	Veggie Straws Hummus Water
*Graham Crackers / Fresh Fruit or Veggie	*Cereal / Fresh Fruit or Veggie	*Animal Crackers / Fresh Fruit or Veggie	*WG Saltines / Fresh Fruit or Veggie	*Cereal/ Fresh Fruit or Veggie

Child's Name: _____

Parent Signature: _____

Date: _____



FALL & WINTER WEEK 2 MENU

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Pumpkin Spice Oatmeal Fresh Cutie Orange Milk	Cinnamon Raisin Toast Applesauce Milk	Bagels w/ Strawberry Cream Cheese Sliced Strawberries Milk	Cheese Toast Fresh Cutie Orange Milk	Blueberry Muffins Banana Milk
MORNING SNACK	MORNING SNACK	MORNING SNACK	MORNING SNACK	MORNING SNACK
Whole Grain Cheerios Fresh Cutie Orange Water	Vanilla Wafers Banana Water	Fig Bars Fresh Cutie Orange Water	Lonestar Cheese Crackers Banana Water	Fruit & Grain Bar Fresh Cutie Orange Water
HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH
Chicken & Dumplings Corn (FF) Peaches Milk	Beef Stroganoff Peas & Carrots (FF) Strawberries Milk	Cheese Quesadillas Black Beans Baked Apples Milk	Whole Grain Turkey Sausage Pizza Green Beans Banana Milk	Chicken Tenders Mashed Potatoes Mixed Berries Milk
AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK
Corn Muffins Sliced Cheddar Cheese Water	Mini Bagels Turkey Pepperoni Water	Gogurt Animal Cracks Water	Sweet Potato Crackers Roasted Red Pepper Hummus Water	Whole Grain Crackers Colby Jack Cheese Water
*Corn Muffins / Fresh Fruit or Veggie	*Bagels / Fresh Fruit or Veggie	*WG Crackers / Fresh Fruit or Veggie	*WG Snack Mix / Fresh Fruit or Veggie	*WG Crackers / Fresh Fruit or Veggie

Child's Name: _____

Parent Signature: _____

Date: _____



FALL & WINTER WEEK 3 MENU

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cold Cereal Fresh Cutie Orange Milk	Cinnamon Raisin Toast Applesauce Milk	English Muffin w/ Honey Banana Milk	Yogurt w/ Granola Fresh Cutie Orange Milk	Sausage Biscuit Banana Milk
MORNING SNACK	MORNING SNACK	MORNING SNACK	MORNING SNACK	MORNING SNACK
Belvita Biscuit Fresh Cutie Orange Water	Buddy Grahams Banana Water	Apple Whole Grain Muffin Fresh Cutie Orange Water	Oatmeal Crumble Bar Banana Water	Better Breakfast Bar Fresh Cutie Orange Water
HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH
Taquitos Pinto Beans Mixed Berries Milk	BBQ Chicken Sandwich Sweet Potato Tots (FF) Strawberries Milk	Meat Lasagna Mixed Veggies Banana Milk	Chicken & Rice w/ Broccoli Carrots Sliced Apples Milk	Salisbury Steak & Brown Gravy Corn (FF) Peaches Milk
AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK
Graham Crackers Sliced Cheddar Cheese Water	Granola Bars Sharp Cheddar Cheese Water	Simply Gogurt Animal Crackers Water	Whole Grain Saltines Turkey Pepperoni Water	Veggie Straws Hummus Water
*Animal Crackers / Fresh Fruit or Veggie	*Cheez-It's / Fresh Fruit or Veggie	*WG Crackers / Fresh Fruit or Veggie	*WG Saltines / Fresh Fruit or Veggie	*Cereal / Fresh Fruit or Veggie

Child's Name: _____

Parent Signature: _____ Date: _____



FALL & WINTER WEEK 4 MENU

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Pumpkin Spice Oatmeal Fresh Cutie Orange Milk	Cinnamon Raisin Toast Applesauce Milk	Bagels w/ Strawberry Cream Cheese Sliced Strawberries Milk	Cheese Toast Fresh Cutie Orange Milk	Blueberry Muffins Banana Milk
MORNING SNACK	MORNING SNACK	MORNING SNACK	MORNING SNACK	MORNING SNACK
Whole Grain Cheerios Fresh Cutie Orange Water	Vanilla Wafers Banana Water	Fig Bars Fresh Cutie Orange Water	Lonestar Cheese Crackers Banana Water	Fruit & Grain Bar Fresh Cutie Orange Water
HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH
Chicken & Dumplings Corn (FF) Peaches Milk	Beef Stroganoff Peas & Carrots (FF) Strawberries Milk	Cheese Quesadillas Black Beans Baked Apples Milk	Whole Grain Turkey Sausage Pizza Green Beans Banana Milk	Chicken Tenders Mashed Potatoes Mixed Berries Milk
AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK
Corn Muffins Sliced Cheddar Cheese Water	Mini Bagels Turkey Pepperoni Water	Gogurt Animal Crackers Water	Sweet Potato Crackers Roasted Red Pepper Hummus Water	Whole Grain Crackers Colby Jack Cheese Water
*Muffins / Fresh Fruit or Veggie	*Bagels / Fresh Fruit or Veggie	*Animal Crackers / Fresh Fruit or Veggie	*Cereal / Fresh Fruit or Veggie	*WG Crackers / Fresh Fruit or Veggie

Child's Name: _____

Parent Signature: _____

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FALL & WINTER WEEK 5 MENU

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cereal Fresh Cutie Orange Milk	Cinnamon Raisin Toast Applesauce Milk	English Muffin w/ Honey Banana Milk	Yogurt w/ Granola Fresh Cutie Orange Milk	Sausage Biscuit Banana Milk
MORNING SNACK	MORNING SNACK	MORNING SNACK	MORNING SNACK	MORNING SNACK
Belvita Biscuit Fresh Cutie Orange Water	Buddy Grahams Banana Water	Apple Whole Grain Muffins Fresh Cutie Orange Water	Oatmeal Crumble Bar Banana Water	Better Breakfast Bar Fresh Cutie Orange Water
HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH
Chicken Nuggets Mixed Veggies (FF) Peaches Milk	Grilled Cheese Black Beans (FF) Strawberries Milk	Gnocchi Casserole Carrots Banana Milk	Pork Tamales Green Beans Mixed Berries Milk	Swedish Meatballs Whole Wheat Sliced Bread Corn Banana
AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK
Animal Crackers Apple Sauce Water	Granola Bars Sharp Cheddar Cheese Water	Simply Gogurt Animal Crackers Water	Whole Grain Saltines Turkey Pepperoni Water	Veggie Straws Roasted Red Pepper Hummus Water
*Animal Crackers / Fresh Fruit or Veggie	*Cereal / Fresh Fruit or Veggie	*Animal Crackers / Fresh Fruit or Veggie	*WG Snack Mix / Fresh Fruit or Veggie	*Cereal / Fresh Fruit or Veggie

Child's Name: _____

Parent Signature: _____

Date: _____