



FALL & WINTER WEEK 1 MENU

Infants or children with allergies may write the child's name on the menu and CIRCLE items the child MAY eat and turn into your location's Kitchen Manager.

*Items listed in grey are specific to the Infant classroom ONLY. Formula or breast milk provided by the parent must be served with all meals and snacks.

A vegetarian option will be provided upon request and will consist of a dairy protein and whole grain.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Hot or Cold Cereal Unsweetened Applesauce Milk	Whole Grain Muffin Mandarin Orange Milk	Waffle Mixed Berries Milk	Cinnamon Toast Unsweetened Applesauce Milk	Biscuit w/ Turkey Sausage Fruit Milk
MORNING SNACK	MORNING SNACK	MORNING SNACK	MORNING SNACK	MORNING SNACK
Teddy Grahams Mandarin Orange Water	Oatmeal Bar Banana Water	WG Cheerios Banana Water	Whole Grain Muffin Sliced Apples Water	Cinnamon Goldfish Unsweetened Applesauce Water
HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH
Cheese Tortellini Green Beans Banana Milk	Chicken Ramen Mixed Veggies Apples Milk **Cheese Quedadilla	Bean & Cheese Tacos Corn Pears Milk	Beef Ravioli Carrots Pineapple Milk **Cheese Ravioli	BBQ Meatballs/WG Bread Tater Tots Tropical Fruit Milk ** Veggie Meatballs
AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK
Animal Crackers Sliced Cheddar Cheese Water	Goldfish Crackers Turkey Water	Pretzel Thins Hummus Water	Whole Grain Snack Mix Turkey Pepperoni Water	Whole Grain Crackers Sliced Swiss Cheese Water
*Animal Crackers / Fresh Fruit or Fresh Veggie	*Goldfish / Fresh Fruit or Fresh Veggie	*Crackers / Fresh Fruit or Fresh Veggie	*Snack Mix / Fresh Fruit or Fresh Veggie	*Crackers / Fresh Fruit or Fresh Veggie

Child's Name: _____

Parent Signature: _____

Date: _____



FALL & WINTER WEEK 2 MENU

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Waffles Unsweetened Applesauce Milk	Oatmeal Mixed Berries Milk	Whole Grain Muffin Mandarin Orange Milk	Cereal Banana Milk	Cinnamon Toast Unsweetened Applesauce Milk
MORNING SNACK	MORNING SNACK	MORNING SNACK	MORNING SNACK	MORNING SNACK
WG Cherrios Banana Water	Whole Wheat Muffin Mandarin Oranges Water	WG Graham Crackers Unsweetened Applesauce Water	WG Oatmeal Bar Mandarin Orange Water	WG GoldFish Sliced Apples Water
HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH
Cheese Quesadilla Corn Pears Milk	Beef Stroganoff Carrots Apples Milk ** Cheese Quesadilla	Cheese Pizza Green Peas Banana Milk	Chicken Tenders/Slice Bread Carrots Peaches Milk **Cheese Ravioli	Turkey Grilled Cheese Mixed Veggies Tropical Fruit Milk **Veggie Roll
AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK
Animal Crackers Sliced Cheese Water	Pretzel Thins Turkey Pepperoni Water	Buddy Grahams Sliced Cheese Water	Corn Tortilla Turkey Water	Granola Bar Sliced Swiss Cheese Water
*Animal Crackers / Fresh Fruit or Fresh Veggie	*Cheez-It's / Fresh Fruit or Fresh Veggie	*Crackers / Fresh Fruit or Fresh Veggie	*Snack Mix / Fresh Fruit or Fresh Veggie	*Crackers / Fresh Fruit or Fresh Veggie

Child's Name: _____

Parent Signature: _____

Date: _____



FALL & WINTER WEEK 3 MENU

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Hot or Cold Cereal Unsweetened Applesauce Milk	Whole Grain Muffin Mandarin Orange Milk	Waffle Mixed Berries Milk	Cinnamon Toast Unsweetened Applesauce Milk	Biscuit w/ Turkey Sausage Fruit Milk
MORNING SNACK	MORNING SNACK	MORNING SNACK	MORNING SNACK	MORNING SNACK
Teddy Grahams Mandarin Orange Water	Oatmeal Bar Banana Water	WG Cheerios Banana Water	Whole Grain Muffin Sliced Apples Water	Cinnamon Goldfish Unsweetened Applesauce Water
HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH
Cheese Tortellini Green Beans Banana Milk	Chicken Ramen Mixed Veggies Apples Milk **Cheese Quedadilla	Bean & Cheese Tacos Corn Pears Milk	Beef Ravioli Carrots Pineapple Milk **Cheese Ravioli	BBQ Meatballs/WG Bread Tater Tots Tropical Fruit Milk ** Veggie Meatballs
AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK
Animal Crackers Sliced Cheddar Cheese Water	Goldfish Crackers Turkey Water	Pretzel Thins Hummus Water	Whole Grain Snack Mix Turkey Pepperoni Water	Whole Grain Crackers Sliced Swiss Cheese Water
*Animal Crackers / Fresh Fruit or Fresh Veggie	*Goldfish / Fresh Fruit or Fresh Veggie	*Crackers / Fresh Fruit or Fresh Veggie	*Snack Mix / Fresh Fruit or Fresh Veggie	*Crackers / Fresh Fruit or Fresh Veggie

Child's Name: _____

Parent Signature: _____

Date: _____



FALL & WINTER WEEK 4 MENU

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A vegetarian option will be provided upon request and will consist of a dairy protein and whole grain.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Waffles Unsweetened Applesauce Milk	Oatmeal Mixed Berries Milk	Whole Grain Muffin Mandarin Orange Milk	Cereal Banana Milk	Cinnamon Toast Unsweetened Applesauce Milk
MORNING SNACK	MORNING SNACK	MORNING SNACK	MORNING SNACK	MORNING SNACK
WG Cheerios Banana Water	Whole Wheat Muffin Mandarin Oranges Water	WG Graham Crackers Unsweetened Applesauce Water	WG Oatmeal Bar Mandarin Orange Water	WG Goldfish Sliced Apples Water
HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH
Cheese Quesadilla Corn Pears Milk	Beef Stroganoff Carrots Apples Milk ** Cheese Quesadilla	Cheese Pizza Green Peas Banana Milk	Chicken Tenders/Slice Bread Carrots Peaches Milk **Cheese Ravioli	Turkey Grilled Cheese Mixed Veggies Tropical Fruit Milk **Veggie Roll
AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK
Animal Crackers Sliced Cheese Water	Pretzel Thins Turkey Pepperoni Water	Buddy Grahams Sliced Cheese Water	Corn Tortilla Turkey Water	Granola Bar Sliced Swiss Cheese Water
*Animal Crackers / Fresh Fruit or Fresh Veggie	*Cheez-It's / Fresh Fruit or Fresh Veggie	*Crackers / Fresh Fruit or Fresh Veggie	*Snack Mix / Fresh Fruit or Fresh Veggie	*Crackers / Fresh Fruit or Fresh Veggie

Child's Name: _____

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FALL & WINTER WEEK 5 MENU

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A vegetarian option will be provided upon request and will consist of a dairy protein and whole grain.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Bean & Cheese Taco Unsweetened Applesauce Milk	Whole Grain Muffin Mandarin Orange Milk	Waffle Mixed Berries Milk	Cinnamon Toast Mandarin Orange Milk	Biscuit w/ Turkey Sausage Unsweetened Applesauce Milk
MORNING SNACK	MORNING SNACK	MORNING SNACK	MORNING SNACK	MORNING SNACK
WG Muffin Banana Water	Whole Wheat Thins Banana Water	Graham Crackers Unsweetened Applesauce Water	Whole Grain Muffin Banana Water	Oatmeal Bar Mandarin Orange Water
HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH
Fettuccini Alfredo Mixed Veggies Tropical Fruit Milk	Chicken Teriyaki /Rice Carrots Sliced Apples Milk ** Fish Sticks	Spaghetti w/ Bread Green Peas Banana Milk	Swedish Meatballs/Bread Green Beans Peaches Milk ***Veggie Meat Balls	Grilled Cheese Tomato Soup Pears Milk **Pasta W/ Tofu
AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK
Animal Crackers Sliced Cheese Water	Goldfish Turkey Slices Water	Pretzel Thins Hummus Water	Whole Grain Snack Mix Turkey Pepperoni Water	Whole Grain Crackers Sliced Swiss Cheese Water
*Animal Crackers / Fresh Fruit or Fresh Veggie	*Goldfish / Fresh Fruit or Fresh Veggie	*Crackers / Fresh Fruit or Fresh Veggie	*Snack Mix / Fresh Fruit or Fresh Veggie	*Crackers / Fresh Fruit or Fresh Veggie

Child's Name: _____

Parent Signature: _____

Date: _____