



SPRING & SUMMER WEEK 1 MENU

Infants or children with allergies may write the child's name on the menu and CIRCLE items the child MAY eat and turn into your location's Kitchen Manager.

*Items listed in grey are specific to the Infant classroom ONLY. Formula or breast milk provided by the parent must be served with all meals and snacks.

A vegetarian option will be provided upon request and will consist of a dairy protein and whole grain.

FF= Flash Fresh Frozen | WG= Whole Grain

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Apple Cinnamon Oatmeal Unsweetened Applesauce Milk	Blueberry Whole Grain Muffin Banana Milk	Waffle Fresh Cutie Orange Milk	Pancake Banana Milk	Cinnamon Raisin Toast Unsweetened Applesauce Milk
MORNING SNACK	MORNING SNACK	MORNING SNACK	MORNING SNACK	MORNING SNACK
Belvita Biscuit Fresh Cutie Orange Water	Whole Wheat Raisin Toast Banana Water	Graham Crackers Yogurt Parfait Water	Blueberry Whole Grain Muffins Banana Water	Fruit & Grain Bar Fresh Cutie Orange Water
HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH
Bean and Cheese Tacos Mexican Street Corn (FF) Peaches Milk	Homestyle Chicken Tenders White Pepper Gravy Garlic Mashed Potatoes Cinnamon Applesauce Milk	Whole Wheat Breaded Chicken Breast Sandwich Fresh Lettuce & Tomato Orange Wedges Milk	Italian Herb Chicken Spaghetti Steamed (FF) Green Beans Tropical Fruit Medley Milk	Chicken Breakfast Sausage Whole Grain Pancakes Breakfast Potatoes (FF) Strawberries Milk
AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK
Animal Crackers Water	Cheez-It's Turkey Water	Pretzels Hummus Water	Whole Grain Snack Mix Water	Whole Grain Crackers Cheese Sticks Water
*Animal Crackers / Fresh Fruit or Fresh Veggie	*Cheez-It's / Fresh Fruit or Fresh Veggie	*WG Crackers / Fresh Fruit or Fresh Veggie	*WG Snack Mix / Fresh Fruit or Fresh Veggie	*WG Crackers / Fresh Fruit or Fresh Veggie

Child's Name: _____

Parent Signature: _____

Date: _____



SPRING & SUMMER WEEK 2 MENU

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Apple Cinnamon Oatmeal Unsweetened Applesauce Milk	Blueberry Whole Grain Muffin Banana Milk	Waffle Fresh Cutie Orange Milk	Pancake Banana Milk	Cinnamon Raisin Toast Unsweetened Applesauce Milk
MORNING SNACK	MORNING SNACK	MORNING SNACK	MORNING SNACK	MORNING SNACK
Cereal Mix Fresh Cutie Orange Water	Warm Bread Banana Water	Whole Grain Fig Bar Unsweetened Applesauce Water	Mini Blueberry Waffles Banana Water	Fruit & Grain Bar Fresh Cutie Orange Water
HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH
Lemon Pepper Popcorn Chicken Sweet Potato Tots Peaches Milk	Italian Cheese Ravioli w/ Grated Parmesan & Red Sauce Vegetable Medley Pears & Berries Milk	Mediterranean Cheese Quesadilla Black Bean & Corn Salad Fresh Cut Melon Milk	Tuscan Grilled Chicken Pasta w/ Alfredo House Salad w/ Dressing Tropical Fruit Milk	BBQ Chicken Meatballs Buttered Dinner Roll Ranch Pasta Salad Pineapple Tidbits Milk
AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK
Tiger Bites Yogurt Water	Trail Mix Apple Wedges Water	Buddy Grahams Water	Whole Wheat Thins Cheese Dip Water	Granola Bar Cheese Cubes Water
*Animal Crackers / Fresh Fruit or Fresh Veggie	*Cheez-It's / Fresh Fruit or Fresh Veggie	*WG Crackers / Fresh Fruit or Fresh Veggie	*WG Snack Mix / Fresh Fruit or Fresh Veggie	*WG Crackers / Fresh Fruit or Fresh Veggie

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SPRING & SUMMER WEEK 3 MENU

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MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
BREAKFAST		BREAKFAST		BREAKFAST		BREAKFAST		BREAKFAST	
Apple Cinnamon Oatmeal Unsweetened Applesauce Milk		Blueberry Whole Grain Muffin Banana Milk		Waffle Fresh Cutie Orange Milk		Pancake Banana Milk		Cinnamon Raisin Toast Unsweetened Applesauce Milk	
MORNING SNACK		MORNING SNACK		MORNING SNACK		MORNING SNACK		MORNING SNACK	
Belvita Biscuit Fresh Cutie Orange Water		Cinnamon Toast Banana Water		Graham Crackers Unsweetened Applesauce Water		Cranberry Orange Muffins Banana Water		Fruit & Grain Bar Fresh Cutie Orange Water	
HEALTHY LUNCH		HEALTHY LUNCH		HEALTHY LUNCH		HEALTHY LUNCH		HEALTHY LUNCH	
Bean and Cheese Tacos Steamed (FF) Corn Peaches Milk		Whole Grain Chicken Nuggets Steamed Carrots Mandarin Oranges Milk		Grilled Cheese Sandwich Fresh Veggie Sticks w/ Ranch Fresh Melon Milk		Whole Grain Turkey Spaghetti Steamed (FF) Green Beans Sliced Peaches Milk		Chicken Breakfast Sausage Whole Grain Pancakes Breakfast Potatoes Tropical Fruit Milk	
AFTERNOON SNACK		AFTERNOON SNACK		AFTERNOON SNACK		AFTERNOON SNACK		AFTERNOON SNACK	
Animal Crackers Water		Cheez-It's Water		Vanilla Wafers Water		Whole Grain Snack Mix Water		Whole Grain Crackers Cheese Stick Water	
*Animal Crackers / Fresh Fruit or Fresh Veggie		*Cheez-It's / Fresh Fruit or Fresh Veggie		*WG Crackers / Fresh Fruit or Fresh Veggie		*WG Snack Mix / Fresh Fruit or Fresh Veggie		*WG Crackers / Fresh Fruit or Fresh Veggie	

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SPRING & SUMMER WEEK 4 MENU

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Apple Cinnamon Oatmeal Unsweetened Applesauce Milk	Blueberry Whole Grain Muffin Banana Milk	Waffle Fresh Cutie Orange Milk	Pancake Banana Milk	Cinnamon Raisin Toast Unsweetened Applesauce Milk
MORNING SNACK	MORNING SNACK	MORNING SNACK	MORNING SNACK	MORNING SNACK
Original Cheerios Fresh Fruit Water	Yogurt Parfait Banana Water	Banana Chocolate Chip Muffin Water	Breakfast Bar Banana Water	Fruit & Grain Bar Fresh Fruit Water
HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH
Homemade Mac & Cheese Glazed Baby Carrots Warm Baked Apples Milk	Shredded Chicken Tacos w/ Flour Tortilla & Cabbage Cilantro Lime Rice Tropical Fruit Milk	Black Bean Burger Pickles Waffle Fries Fresh Cut Melon Milk	Smoked Gouda Chicken Sliders Greek Pasta Salad Fresh Fruit Slices Milk	Chicken & Broccoli Steamed Scallion Rice Veggie Spring Roll w/ Sauce Pineapple Milk
AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK
Animal Crackers Sliced Cheddar Cheese Water	Pretzel Thins Avocado Ranch Dip Water	Buddy Grahams Water	Wafers Water	Cheerio Bar Water
*Animal Crackers / Fresh Fruit or Fresh Veggie	*Cheez-It's / Fresh Fruit or Fresh Veggie	*WG Crackers / Fresh Fruit or Fresh Veggie	*WG Snack Mix / Fresh Fruit or Fresh Veggie	*WG Crackers / Fresh Fruit or Fresh Veggie

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SPRING & SUMMER WEEK 5 MENU

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Apple Cinnamon Oatmeal Unsweetened Applesauce Milk	Blueberry Whole Grain Muffin Banana Milk	Waffle Fresh Cutie Orange Milk	Pancake Banana Milk	Cinnamon Raisin Toast Unsweetened Applesauce Milk
MORNING SNACK	MORNING SNACK	MORNING SNACK	MORNING SNACK	MORNING SNACK
Belvita Biscuit Fresh Cutie Orange Water	Cheerio Mix Banana Water	Graham Crackers Unsweetened Applesauce Water	Blueberry Whole Grain Muffins Banana Water	Fruit & Grain Bar Fresh Cutie Orange Water
HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH
Stir Fry Chicken w/ Broccoli Slaw Salad w/ Cucumber & Tomato Mandarin Oranges Milk	Glazed BBQ Chicken Tenders Homestyle Potato Salad Fruit Mix Milk	Whole Grain Pasta Fagioli Steamed Peas Diced Peaches Milk	Smoked Chicken & Swiss Sliders Steamed Carrots Unsweetened Applesauce Milk	Baked Parmesan Chicken Garlic Herb Pasta Vegetable Medley Fruit Mix Milk
AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK
Animal Crackers Sliced Cheddar Cheese Water	Goldfish Water	Wafers Water	Whole Grain Snack Mix Turkey Pepperoni Water	Whole Grain Crackers Sliced Swiss Cheese Water
*Animal Crackers / Fresh Fruit or Fresh Veggie	*Cheez-It's / Fresh Fruit or Fresh Veggie	*WG Crackers / Fresh Fruit or Fresh Veggie	*WG Snack Mix / Fresh Fruit or Fresh Veggie	*WG Crackers / Fresh Fruit or Fresh Veggie

Child's Name: _____

Parent Signature: _____

Date: _____