



FALL & WINTER WEEK 1 MENU

Infants or children with allergies may write the child's name on the menu and CIRCLE items the child MAY eat and turn into your location's Kitchen Manager.

Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Oatmeal Fruit Water	Scrambled Eggs & Bacon Fruit Milk	Cheese Toast Fruit Milk	Pancake w/ Syrup Fruit Milk	Sausage Biscuit Fruit Milk
AM SNACK	AM SNACK	AM SNACK	AM SNACK	AM SNACK
Mini Blueberry Muffins Water	Fig Bar Water	Yogurt and Granola Water	Belvita Biscuits Water	Nutrigrain Bar Water
HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH
Bean and Cheese Taco Corn Tropical Fruit Milk	Tomato Soup & Cheese Toast Mixed Veggies Peaches Milk	Pizza Spaghetti Green Beans Fresh Fruit Milk	Chicken & Rice Cooked Carrots Apples Milk	Meatballs with Marinara Wheat Roll Green Peas Mandarin Oranges Milk
PM SNACK	PM SNACK	PM SNACK	PM SNACK	PM SNACK
Graham Crackers & Cinnamon Cream Cheese Water	Gold Fish w/ Raisins Water	Ritz Crackers & Sliced cheese Water	Oranges and Pretzels Water	Gingerbread Water



FALL & WINTER WEEK 2 MENU

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Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST				
Waffle w/ Syrup	Scrambled Eggs & Bacon	Cereal	Sausage Breakfast Roll	French Toast Sticks
Fruit	Fruit	Fruit	Fruit	Fruit
Milk	Milk	Milk	Milk	Milk
AM SNACK				
Bagel & Cream Cheese	Nilla Wafers & Apple Sauce	Raisin Bread & Banana	Kellog's Fruit Bars	Cheerio Trail Mix
Water	Water	Water	Water	Water
HEALTHY LUNCH				
Chicken Tenders	Chicken & Cheese Quesadillas	Chicken Soup	Cheese Pizza	Pasta Fagioli
Mixed Veggies	Green Beans	Peas	Corn	Broccoli
Peaches	Oranges	Apples	Pineapples	Mixed Fruit
Milk	Milk	Milk	Milk	Milk
PM SNACK				
Pretzel and Cheese Dip	Apples w/ Fruit Dip	Chex Mix	Cheeze It's & Cheese Sticks	Baked Cinnamon Apples
Water	Water	Water	Water	Water
Sub Tortillas Infants -JT2				



FALL & WINTER WEEK 3 MENU

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Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Oatmeal Fruit Milk	Sausage Link & Hashbrown Fruit Milk	Pancake w/Syrup Fruit Milk	Sausage Biscuit Fruit Milk	French Toast Fruit Milk
AM SNACK	AM SNACK	AM SNACK	AM SNACK	AM SNACK
Mini Blueberry Muffins Water	Fig Bar Water	Yogurt and Granola Water	Applesauce & Nilla Wafers Water	Nutrigrain Bar Water
HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH
Baked Chicken Sandwich Tots Mixed Fruit Milk	Cowboy Stew Corn Bread Pears Milk	Cheese Ravioli Green Beans Peaches Milk	Chicken Tortilla Soup Carrots Pineapples Milk	Fish Sticks Peas Oranges Milk
PM SNACK	PM SNACK	PM SNACK	PM SNACK	PM SNACK
Graham Crackers & Cinnamon Cream Cheese Water	Gold Fish w/ Raisins Water	Vanilla Pudding & Nilla Wafers	Oranges and Pretzels Water	Gingerbread Water



FALL & WINTER WEEK 4 MENU

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Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Oatmeal Fruit Milk	Apple Cinnamon Toast Fruit Milk	Bagel w/ Cream Cheese Fruit Milk	Cheese Toast Fruit Milk	Muffins Fruit Milk
AM SNACK	AM SNACK	AM SNACK	AM SNACK	AM SNACK
Bagel & Cream Cheese Water	Nilla Wafers & Apple Sauce Water	Raisin Bread & Banana Water	Kellog's Fruit Bars Water	Cheerio Trail Mix Water
HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH
Swedish Pork Meatballs Roll Peas & Carrots Pineapple Milk	Grilled Cheese Sandwich Tomato Soup Peaches Milk	Chicken Alfredo Pasta Fresh Veggies Oranges Milk	Pizzadillas Green Beans Fresh Fruit Milk	Sloppy Joe Broccoli Apples Milk
PM SNACK	PM SNACK	PM SNACK	PM SNACK	PM SNACK
Pretzel and Cheese Dip Water Sub Tortillas Infants -JT2	Apples w/ Fruit Dip Water	Cheeze It's & Cheese Sticks Water	Viggies & Ranch dip Water	Viggies & Ranch dip Water



FALL & WINTER WEEK 5 MENU

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Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Oatmeal Fruit Water	Cheese Toast Fruit Milk	Scrambled Eggs & Bacon Fruit Milk	Pancake w/ Syrup Fruit Milk	Sausage Breakfast Fruit Milk
AM SNACK	AM SNACK	AM SNACK	AM SNACK	AM SNACK
Belvita Biscuit Fruit Water	Cheerio Trail Mix Fruit Water	Fig Bar & Fruit Water	Nilla Wafers & Apple Sauce Water	Raisin Bread & Banana Water
HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH
Beef Patty Melt on bread Mixed Veggies Tropical Fruit Milk	Chicken Tortilla Soup Carrots Fresh Fruit Milk	Cheese Pizza Carrots Fresh Fruit Milk	Chili Mac Green Beans Fresh Fruit Milk	Chicken Tenders Peas & Carrots Peaches Milk
PM SNACK	PM SNACK	PM SNACK	PM SNACK	PM SNACK
Graham Crackers & Cream Cheese Water	Ritz Crackers & Sliced cheese Water	Breadsticks with Marinara Water	Oranges and Pretzels Water	Vanilla Pudding & Nilla Wafers Water