



FALL & WINTER WEEK 2 MENU

Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Oatmeal	Sausage Biscuit	Bagels & Cream Cheese	Cheese Toast	French Toast Sticks
Fruit	Fruit	Fruit	Fruit	Fruit
Milk	Milk	Milk	Milk	Milk
AM SNACK	AM SNACK	AM SNACK	AM SNACK	AM SNACK
Cheerios & Fruit	Graham Crackers & Fruit	Cereal Mix & Fruit	Goldfish & Fruit	Fruit & Grain Bar & Banana
Water	Water	Water	Water	Water
HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH
Chicken Nuggets	Chicken & Cheese Quesadillas	Beef Stroganoff	Cheese Pizza	Fish Sticks
Mixed Veggies	Garden Salad	Green Beans	Peas & Carrots	Corn
Applesauce	Fruit Cocktail	Fruit	Fruit	Fruit
Milk	Milk	Milk	Milk	Milk
PM SNACK	PM SNACK	PM SNACK	PM SNACK	PM SNACK
Crackers & Sliced Cheese	Pretzels	Yogurt	Whole Wheat Crackers	Graham Crackers & Cream Cheese
Water	Carrots w/ Ranch	Animal Crackers	Orange Slices	Water
Water	Water	Water	Water	Water