



FALL & WINTER WEEK 3 MENU

Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
French Toast Sticks	Cinnamon Raisin Toast	Sausage Biscuit	Yogurt & Cheerios	Mini Pancakes
Fruit	Fruit	Fruit	Fruit	Fruit
Milk	Milk	Milk	Milk	Milk
AM SNACK	AM SNACK	AM SNACK	AM SNACK	AM SNACK
Goldfish & Fruit	Strawberry Cereal Mix & Fruit	Animal Crackers & Fruit	Veggie Straws & Fruit	Whole Grain Crackers & Fruit
Water	Water	Water	Water	Water
HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH
Turkey Chili Mac	Chicken & Cheese Taquito	Garden Rotini w/ Cheese	White Pizzadila	Chicken Nuggets
Green Beans	Peas	Broccoli	Corn	Mixed Vegetables
Peaches	Fruit	Mixed Fruit	Pears	Cinnamon Applesauce
Milk	Milk	Milk	Milk	Milk
PM SNACK	PM SNACK	PM SNACK	PM SNACK	PM SNACK
Yogurt	Whole Grain Crackers w/	Goldfish/Pretzels	Cheez-its	Graham Crackers w/
Animal Crackers	Sliced Cheese	Sliced Pepperoni	Orange Slices	Cream Cheese
Water	Water	Water	Water	Water