



## SPRING & SUMMER WEEK 1 MENU

Infants or children with allergies may write the child's name on the menu and CIRCLE items the child MAY eat and turn into your location's Kitchen Manager.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
Hot or Cold cereal Fruit Milk	French Toast Fruit Milk	Yogurt w/ Granola Fruit Milk	Cottage Cheese Fruit Milk	Muffin Fruit Milk
<b>AM SNACK</b>	<b>AM SNACK</b>	<b>AM SNACK</b>	<b>AM SNACK</b>	<b>AM SNACK</b>
Belvita Biscuit Fruit Water	Fruit & Wafers Water	Graham Crackers & Fruit Water	Whole Grain Muffins Fruit Water	Fruit & Grain Bar Fruit Water
<b>HEALTHY LUNCH</b>	<b>HEALTHY LUNCH</b>	<b>HEALTHY LUNCH</b>	<b>HEALTHY LUNCH</b>	<b>HEALTHY LUNCH</b>
Bean and Cheese Taco Corn Peaches Milk	Baked Ham Brown Rice Carrots Pineapple Milk	Chicken Breast Sandwich Fresh Vegetables Fresh Fruit Milk	Turkey Spaghetti Green Beans Fresh Fruit Milk	Pinto Beans w/ Rice Mixed Veggies Diced Pears Milk
<b>PM SNACK</b>	<b>PM SNACK</b>	<b>PM SNACK</b>	<b>PM SNACK</b>	<b>PM SNACK</b>
Animal Crackers String Cheese Water	Cheez-It's & Turkey Water	Pretzels/Pretzel Thins & Cheese Water	Snack Mix & Pepperoni Water	Whole Grain Crackers Sliced Cheese Water



## SPRING & SUMMER WEEK 2 MENU

Infants or children with allergies may write the child's name on the menu and CIRCLE items the child MAY eat and turn into your location's Kitchen Manager.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>BREAKFAST</b>				
Oatmeal	Waffles	Biscuit & Jam	Cinnamon Toast	Fruit Smoothie
Fruit	Fruit	Fruit	Fruit	
Milk	Milk	Milk	Milk	
<b>AM SNACK</b>				
Cereal & Fruit	Fruit & Wafers	Fig Bar & Fruit	Goldfish & Fruit	Fruit & Grain Bar w/ Fruit
Water	Water	Water	Water	Water
<b>HEALTHY LUNCH</b>				
Steak Fingers	Chicken Salad w/ Whole Grain Bread	Pasta Salad w/ Whole Grain Pasta	Cheese Ravioli	BBQ Meatballs
Green Peas	Mixed Veggies	Fresh Veggies	Green Beans	Sliced Bread
Peaches	Pineapple	Fresh Fruit	Fruit	Corn
Milk	Milk	Milk	Milk	Diced Pears Milk
<b>PM SNACK</b>				
Crackers & Sliced Cheese	Pretzels/Pretzel Thins	Mini Bagels & Cheese	Corn Tortilla & Turkey	Granola Bar
Water	Pepperoni	Water	Water	String Cheese
	Water			Water



## SPRING & SUMMER WEEK 3 MENU

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Monday	Tuesday	Wednesday	Thursday	Friday
<b>BREAKFAST</b>				
Hot or Cold Cereal Fruit Milk	French Toast Fruit Milk	Yogurt w/ Granola Fruit Milk	Cottage Cheese Fruit Milk	Muffin Fruit Milk
<b>AM SNACK</b>				
Belvita Biscuit & Fruit Water	Fruit & Wafers Water	Graham Crackers & Fruit Water	Whole Grain Muffins & Fruit Water	Fruit & Grain Bar w/ Fruit Water
<b>HEALTHY LUNCH</b>				
Chicken Tenders Mixed Veggies Pineapple Milk	Whole Grain Chili Mac Green Beans Mandarin Oranges Milk	Meat, Cheese & Whole Grain Crackers Mini Charcuterie Fresh Veggies Fresh Fruit Milk	Chicken & Cheese Tacos Corn Fresh Fruit Milk	Pasta Fagioli Peas & Carrots Peaches Milk
<b>PM SNACK</b>				
Animal Crackers String Cheese Water	Cheez-it's & Turkey Water	Pretzels/Pretzel Thins & Cheese Water	Snack Mix & Pepperoni Water	Whole Grain Crackers Sliced Cheese Water



## SPRING & SUMMER WEEK 4 MENU

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Monday	Tuesday	Wednesday	Thursday	Friday
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
Oatmeal Fruit Milk	Waffles Fruit Milk	Biscuit w/ Jam Fruit Milk	Cinnamon Toast Fruit Milk	Fruit Smoothie
<b>AM SNACK</b>	<b>AM SNACK</b>	<b>AM SNACK</b>	<b>AM SNACK</b>	<b>AM SNACK</b>
Cereal & Fruit Water	Fruit & Wafers Water	Fig Bar & Fruit Water	Goldfish & Fruit Water	Fruit & Grain Bar w/ Fruit Water
<b>HEALTHY LUNCH</b>	<b>HEALTHY LUNCH</b>	<b>HEALTHY LUNCH</b>	<b>HEALTHY LUNCH</b>	<b>HEALTHY LUNCH</b>
Fish Sticks Mixed Veggies Peaches Milk	Cheese Pizza Carrots Pineapple Milk	Whole Grain Turkey & Cheese Sandwich Fresh Veggies Fresh Fruit Milk	Cowboy Stew Crackers Fresh Fruit Milk	Swedish Meatballs Sliced Bread Green Peas Diced Pears Milk
<b>PM SNACK</b>	<b>PM SNACK</b>	<b>PM SNACK</b>	<b>PM SNACK</b>	<b>PM SNACK</b>
Whole Grain Crackers & Sliced Cheese Water	Pretzels/Pretzel Thins & Pepperoni Hummus Water	Mini Bagels & Cheese Water	Corn Tortilla & Turkey Water	Granola Bar String Cheese Water



## SPRING & SUMMER WEEK 5 MENU

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Monday	Tuesday	Wednesday	Thursday	Friday
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
Hot or Cold Cereal Fruit Milk	French Toast Fruit Milk	Yogurt w/ Granola Fruit Milk	Cottage Cheese Fruit Milk	Muffin Fruit Milk
<b>AM SNACK</b>	<b>AM SNACK</b>	<b>AM SNACK</b>	<b>AM SNACK</b>	<b>AM SNACK</b>
Belvita Biscuit & Fruit Water	Fruit & Wafers Water	Graham Crackers & Fruit Water	Whole Grain Muffins & Fruit Water	Fruit & Grain Bar w/ Fruit Water
<b>HEALTHY LUNCH</b>	<b>HEALTHY LUNCH</b>	<b>HEALTHY LUNCH</b>	<b>HEALTHY LUNCH</b>	<b>HEALTHY LUNCH</b>
Chicken Tenders Mixed Veggies Pineapple Milk	Cheese Quesadillas on Corn Tortillas Green Beans Peaches Milk	Whole Grain Ham Salad Sandwiches Fresh Veggies Fresh Fruit Milk	Cheese Tortellini Carrots Fresh Fruit Milk	Red Beans & Rice Peas Diced Pears Milk
<b>PM SNACK</b>	<b>PM SNACK</b>	<b>PM SNACK</b>	<b>PM SNACK</b>	<b>PM SNACK</b>
Animal Crackers String Cheese Water	Cheez-it's & Turkey Water	Pretzels/Pretzel Thins & Cheese Water	Snack Mix & Pepperoni Water	Whole Grain Crackers Sliced Cheese Water