



## SPRING & SUMMER WEEK 1 MENU

Infants or children with allergies may write the child's name on the menu and CIRCLE items the child MAY eat and turn into your location's Kitchen Manager.

\*Items listed in grey are specific to the Infant classroom ONLY. Formula or breast milk provided by the parent must be served with all meals and snacks.

A vegetarian option will be provided upon request and will consist of a dairy protein and whole grain.

Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Waffles	Toaster Strudel	Cheese Omelette w/Country Hashbrown	Cinnamon Toast	Yogurt
Fruit	Fruit	Fruit	Fruit	Fruit
*Waffle & Fruit	*Toaster Strudel & Fruit	*Cheese Omelette & Fruit	*Cinnamon Toast & Fruit	*Yogurt & Fruit
Milk	Milk	Milk	Milk	Milk
AM SNACK	AM SNACK	AM SNACK	AM SNACK	AM SNACK
Buddy Grahams	Pastry Crisp	Oatmeal Bar	Soft Baked Muffin	Fruit & Grain Bar
Fruit	Fruit	Fruit	Fruit	Fruit
Water	Water	Water	Water	Water
HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH
Pasta Alfredo	Turkey Pepperoni, Beef & Cheese Calzone	Grilled Turkey and Cheese	Chicken Tenders	BBQ Meatballs
Corn	Mixed Veggies	Peas	Broccoli and Cheese	Sliced Bread
Tropical Fruit	Peaches	Pears	Mandarin Oranges	Carrots
Milk	Milk	Milk	Milk	Pineapple
				Milk
PM SNACK	PM SNACK	PM SNACK	PM SNACK	PM SNACK
Graham Crackers	Fig Bar	GoGurt	Whole Grain Crackers	Cheezits
Cream Cheese	Cheese	Animal Crackers	Cream Cheese	Applesauce
*Graham Crackers/ Fruit or Veggie	* Fig Bar/Fruit or Veggie	*GoGurt/ Fruit or Veggie	*Cereal/Fruit or Veggie	*Cheezits/Fruit or Veggie
Water	Water	Water	Water	Water

Child's Name: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

Date: \_\_\_\_\_



## SPRING & SUMMER WEEK 2 MENU

Infants or children with allergies may write the child's name on the menu and CIRCLE items the child MAY eat and turn into your location's Kitchen Manager.

\*Items listed in grey are specific to the Infant classroom ONLY. Formula or breast milk provided by the parent must be served with all meals and snacks.

A vegetarian option will be provided upon request and will consist of a dairy protein and whole grain.

Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Biscuit w/Jelly Fruit	Cereal Fruit	Pancakes Fruit	Bean and Cheese Taco Fruit	French Toast Sticks Fruit
*Biscuit & Fruit	*Cereal & Fruit	*Pancakes & Fruit	*Bean and Cheese Taco & Fruit	*French Toast sticks & Fruit
Milk	Milk	Milk	Milk	Milk
AM SNACK	AM SNACK	AM SNACK	AM SNACK	AM SNACK
Graham Crackers Fruit	Whole Grain Muffins Fruit	Fig Newtons Fruit	Goldfish Fruit	Belvitas Fruit
Water	Water	Water	Water	Water
HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH
Cheese Ravioli Mixed Veggies Peaches Milk	Salisbury Steak Broccoli and Cheese Mandarin Oranges Milk	Cheese Pizza Salad w/Ranch Pears Milk	Shredded Chicken Taco Carrots Tropical Fruit Milk	Beef and Cheese Burrito Corn Pineapple Milk
PM SNACK	PM SNACK	PM SNACK	PM SNACK	PM SNACK
Veggie Straws Applesauce	Fig Bar Cheese	Turkey Slices Whole Grain Crackers	Gogurt Animal Crackers	Pretzel Thins Turkey Pepperoni
* Veggie Straws/ Fruit or Veggie	*Fig Bar/ Fruit or Veggie	*Turkey Slices/ Fruit or Veggie	*GoGurt/ Fruit or Veggie	*Cereal/Fruit or Veggie
Water	Water	Water		Water

Child's Name: \_\_\_\_\_  
 Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_



## SPRING & SUMMER WEEK 3 MENU

Infants or children with allergies may write the child's name on the menu and CIRCLE items the child MAY eat and turn into your location's Kitchen Manager.

\*Items listed in grey are specific to the Infant classroom ONLY. Formula or breast milk provided by the parent must be served with all meals and snacks.

A vegetarian option will be provided upon request and will consist of a dairy protein and whole grain.

Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Waffles	Toaster Strudel	Cheese Omelette w/Country Hashbrown	Cinnamon Toast	Yogurt
Fruit	Fruit	Fruit	Fruit	Fruit
*Waffle & Fruit	*Toaster Strudel & Fruit	*Cheese Omelette & Fruit	*Cinnamon Toast & Fruit	*Yogurt & Fruit
Milk	Milk	Milk	Milk	Milk
AM SNACK	AM SNACK	AM SNACK	AM SNACK	AM SNACK
Buddy Grahams	Pastry Crisp	Oatmeal Bar	Soft Baked Muffin	Fruit & Grain Bar
Fruit	Fruit	Fruit	Fruit	Fruit
Water	Water	Water	Water	Water
HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH
Cheese Tortellini	Beef Ravioli	Mac N Cheese	Chicken Nuggets	Charcuterie
Carrots	Green Beans	Corn	Mixed Veggies	Fresh Veggies
Tropical Fruit	Peaches	Pears	Pineapple	Fruit
Milk	Milk	Milk	Milk	Milk
PM SNACK	PM SNACK	PM SNACK	PM SNACK	PM SNACK
Graham Crackers	Fig Bar	GoGurt	Whole Grain Crackers	Cheezits
Cream Cheese	Cheese	Animal Crackers	Cream Cheese	Applesauce
*Graham Crackers/ Fruit or Veggie	*Fig Bar/Fruit or Veggie	*GoGurt/ Fruit or Veggie	*Cereal/Fruit or Veggie	*Cheezits/Fruit or Veggie
Water	Water	Water	Water	Water
Child's Name: _____ Parent Signature: _____ Date: _____				



## SPRING & SUMMER WEEK 4 MENU

Infants or children with allergies may write the child's name on the menu and CIRCLE items the child MAY eat and turn into your location's Kitchen Manager.

\*Items listed in grey are specific to the Infant classroom ONLY. Formula or breast milk provided by the parent must be served with all meals and snacks.

A vegetarian option will be provided upon request and will consist of a dairy protein and whole grain.

Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Biscuit w/Jelly Fruit	Cereal Fruit	Pancakes Fruit	Bean and Cheese Taco Fruit	French Toast Sticks Fruit
*Biscuit & Fruit	*Cereal & fruit	*Pancakes & Fruit	*Bean and Cheese Taco & Fruit	*French Toast sticks & Fruit
Milk	Milk	Milk	Milk	Milk
AM SNACK	AM SNACK	AM SNACK	AM SNACK	AM SNACK
Graham Crackers Fruit Water	Whole Grain Muffins Fruit Water	Fig Newtons Fruit Water	Goldfish Fruit Water	Belvitas Fruit Water
HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH
Spaghetti W/ Garlic Bread Peas Pineapple Milk	Chicken Chimichanga Mixed Veggies Peaches Milk	Cheese Pizza Salad w/Ranch Mandarin Oranges Milk	Chicken and Cheese Crispito Corn Tropical Fruit Milk	Fish Sticks Carrots Pears Milk
PM SNACK	PM SNACK	PM SNACK	PM SNACK	PM SNACK
Veggie Straws Applesauce	Fig Bar Cheese	Turkey Slices Whole Grain Crackers	Gogurt Animal Crackers	Pretzel Thins Turkey Pepperoni
*Veggie Straws/ Fruit or Veggie	*Fig Bar/ Fruit or Veggie	*Turkey Slices/ Fruit or Veggie	*GoGurt/ Fruit or Veggie	*Cereal/ Fruit or Veggie
Water	Water	Water	Water	Water
Child's Name: _____				
Parent Signature: _____			Date: _____	



## SPRING & SUMMER WEEK 5 MENU

Infants or children with allergies may write the child's name on the menu and CIRCLE items the child MAY eat and turn into your location's Kitchen Manager.

\*Items listed in grey are specific to the Infant classroom ONLY. Formula or breast milk provided by the parent must be served with all meals and snacks.

A vegetarian option will be provided upon request and will consist of a dairy protein and whole grain.

Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Waffles	Toaster Strudel	Cheese Omelette w/Country Hashbrown	Cinnamon Toast	Yogurt
Fruit	Fruit	Fruit	Fruit	Fruit
*Waffle & Fruit	*Toaster Strudel & Fruit	*Cheese Omelette & Fruit	*Cinnamon Toast & Fruit	*Yogurt & Fruit
Milk	Milk	Milk	Milk	Milk
AM SNACK	AM SNACK	AM SNACK	AM SNACK	AM SNACK
Buddy Grahams	Pastry Crisp	Oatmeal Bar	Soft Baked Muffin	Fruit & Grain Bar
Fruit Water	Fruit Water	Fruit Water	Fruit Water	Fruit Water
HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH
Cauliflower Mac N Cheese	Chicken Burger	Cheese Quesadilla	Picadillo Taco	Turkey & Cheese Sandwich
Green Beans	Corn	Mixed Veggies	Carrots	Fresh Veggies
Tropical Fruit	Peaches	Pears	Pineapple	Fruit
Milk	Milk	Milk	Milk	Milk
PM SNACK	PM SNACK	PM SNACK	PM SNACK	PM SNACK
Graham Crackers	Fig Bar	GoGurt	Whole Grain Crackers	Cheezits
Cream Cheese	Cheese	Animal Crackers	Cream Cheese	Applesauce
*Graham Crackers/ Fruit or Veggie	*Fig Bar/Fruit or Veggie	*GoGurt/ Fruit or Veggie	*Cereal/Fruit or Veggie	*Cheezits/Fruit or Veggie
Water	Water	Water	Water	Water
Child's Name: _____ Parent Signature: _____ Date: _____				