



SPRING & SUMMER WEEK 1 MENU

Infants or children with allergies may write the child's name on the menu and CIRCLE items the child MAY eat and turn into your location's Kitchen Manager.

*Items listed in grey are specific to the Infant classroom ONLY. Formula or breast milk provided by the parent must be served with all meals and snacks.

A vegetarian option will be provided upon request and will consist of a dairy protein and whole grain.

Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Hot or Cold Cereal Fruit	French Toast Fruit	Yogurt w/ Granola Fruit	Cottage Cheese Fruit	Muffin Fruit
*Cereal & Fruit	*French Toast & Fruit	*Cereal & Fruit	*Cereal & Fruit	*Muffin & Fruit
Milk	Milk	Milk	Milk	Milk
AM SNACK	AM SNACK	AM SNACK	AM SNACK	AM SNACK
Belvita Biscuit Fruit Water	Pancakes Fruit Water	Biscuit Sausage Water	Whole Grain Muffins Fruit Water	Cinnamon Raisin Bread Cream Cheese & Fruit Water
HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH
Bean and Cheese Tacos Corn Peaches Milk	BBQ Meatballs Sliced Bread Peas Fresh Fruit Milk	Chicken Breast Sandwich Mashed Potatoes Pineapple Milk	Turkey Spaghetti Green Beans Fresh Fruit Milk	Baked Chicken Egg Rolls Mixed Veggies Diced Pears Milk
PM SNACK	PM SNACK	PM SNACK	PM SNACK	PM SNACK
Bagel Cream Cheese	Whole Wheat Tortilla Turkey	Apple Slices Cheese	Pepperoni Pretzel Thins	Yogurt Whole Grain Cheerios
*Animal Crackers / Fruit or Veggie	*Whole Gr. Cheerios / Fruit or Veggie	*Crackers / Fruit or Veggie	*Snack Mix / Fruit or Veggie	*Crackers / Fruit or Veggie
Water	Water	Water	Water	Water

Child's Name: _____

Parent Signature: _____

Date: _____



SPRING & SUMMER WEEK 2 MENU

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A vegetarian option will be provided upon request and will consist of a dairy protein and whole grain.

Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Oatmeal	Waffles	Biscuit & Honey	Cinnamon Toast	Mini Bagel
Fruit	Fruit	Fruit	Fruit	Fruit
*Cereal & Fruit	*Waffles & Fruit	*Biscuit & Fruit	*Cinnamon Toast & Fruit	*Muffins & Fruit
Milk	Milk	Milk	Milk	Milk
AM SNACK	AM SNACK	AM SNACK	AM SNACK	AM SNACK
Yogurt	Whole Grain Toast	Fig Bar	Whole Grain Waffles	Fruit & Grain Bar
Fruit	Eggs	Fruit	Fruit	Fruit
Water	Water	Water	Water	Water
HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH
Taquitos	Chicken Nuggets	Cheese Ravioli	Grilled Cheese	Baked Turkey Breast
Pinto Beans	Roll	Carrots	Green Beans	Brown Rice
Peaches	Mixed Veggies	Pineapple	Fresh Fruit	Corn
Milk	Fresh Fruit	Milk	Milk	Pears
	Milk			Milk
PM SNACK	PM SNACK	PM SNACK	PM SNACK	PM SNACK
Whole Grain Crackers	Graham Crackers	Veggie Straws	Pepperoni	Whole Grain Crackers
Sun Butter	Apple Slices	Hummus	Whole Wheat Tortilla	Cheese
*Crackers / Fruit or Veggie	*Cereal / Fruit or Veggie	*Puffs / Fruit or Veggie	*Whole Wheat Tortilla / Fruit or Veggie	*Crackers / Fruit or Veggie
Water	Water	Water	Water	Water
Child's Name: _____				
Parent Signature: _____			Date: _____	



SPRING & SUMMER WEEK 3 MENU

Infants or children with allergies may write the child's name on the menu and CIRCLE items the child MAY eat and turn into your location's Kitchen Manager.

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A vegetarian option will be provided upon request and will consist of a dairy protein and whole grain.

Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Hot or Cold Cereal	French Toast	Yogurt w/ Granola	Cottage Cheese	Muffin
Fruit	Fruit	Fruit	Fruit	Fruit
*Cereal & Fruit	*French Toast & Fruit	*Cereal & Fruit	*Cereal & Fruit	*Muffin & Fruit
Milk	Milk	Milk	Milk	Milk
AM SNACK	AM SNACK	AM SNACK	AM SNACK	AM SNACK
Belvita Biscuit	Pancakes	Biscuit	Whole Grain Muffins	Cinnamon Raisin Bread
Fruit	Fruit	Sausage	Fruit	Cream Cheese & Fruit
Water	Water	Water	Water	Water
HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH
Chicken Tenders	Mac & Cheese	Meat, Cheese & Crackers Mini Charcuterie	Pizzadillas	Beef Stroganoff
Mashed Potatoes & Roll	Green Beans	Mixed Veggies	Corn	Peas & Carrots
Pineapple	Fresh Fruit	Mandarin Oranges	Fresh Fruit	Peaches
Milk	Milk	Milk	Milk	Milk
PM SNACK	PM SNACK	PM SNACK	PM SNACK	PM SNACK
Bagels	Turkey	Pretzel Thins	Pepperoni	Yogurt
Cream Cheese	Whole Wheat Tortilla	Apple Slices	Whole Wheat Crackers	Whole Grain Cheerios
*Animal Crackers / Fruit or Veggie	*Whole Grain Cheerios / Fruit or Veggie	*Crackers / Fruit or Veggie	*Snack Mix / Fruit or Veggie	*Crackers / Fruit or Veggie
Water	Water	Water	Water	Water

Child's Name: _____

Parent Signature: _____

Date: _____



SPRING & SUMMER WEEK 4 MENU

Infants or children with allergies may write the child's name on the menu and CIRCLE items the child MAY eat and turn into your location's Kitchen Manager.

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A vegetarian option will be provided upon request and will consist of a dairy protein and whole grain.

Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Oatmeal	Waffles	Biscuit w/ Honey	Cinnamon Toast	Mini Bagel
Fruit	Fruit	Fruit	Fruit	Fruit
*Cereal & Fruit	*Waffles & Fruit	*Biscuit & Fruit	*Cinnamon Toast & Fruit	*Muffins & Fruit
Milk	Milk	Milk	Milk	Milk
AM SNACK	AM SNACK	AM SNACK	AM SNACK	AM SNACK
Yogurt	French Toast	Fig Bar	Whole Grain Toast	Fruit & Grain Bar
Fruit	Cinnamon Apples	Fruit	Eggs	Fruit
Water	Water	Water	Water	Water
HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH
Turkey Sausage	Cheese Pizza	Orange Chicken	Chicken & Cheese Tacos	BBQ Meatballs
Mixed Veggies	Carrots	Rice	Black Beans	Roll
Peaches	Fresh Fruit	Green Peas	Fresh Fruit	Corn
Waffle	Milk	Pineapple	Milk	Diced Pears
Milk		Milk		Milk
PM SNACK	PM SNACK	PM SNACK	PM SNACK	PM SNACK
Whole Grain Crackers	Pretzel Thins	Veggie Straws	Apple Slices	Turkey
Sun Butter	Pepperoni	Hummus	Cheese	Whole Wheat Tortilla
*Crackers / Fruit or Veggie	*Cereal / Fruit or Veggie	*Puffs / Fruit or Veggie	*Whole Wheat Tortilla / Fruit or Veggie	*Crackers / Fruit or Veggie
Water	Water	Water	Water	Water

Child's Name: _____

Parent Signature: _____

Date: _____



SPRING & SUMMER WEEK 5 MENU

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A vegetarian option will be provided upon request and will consist of a dairy protein and whole grain.

Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Hot or Cold Cereal	French Toast	Yogurt w/ Granola	Cottage Cheese & Granola	Muffin
Fruit	Fruit	Fruit	Fruit	Fruit
*Cereal & Fruit	*French Toast & Fruit	*Cereal & Fruit	*Cereal & Fruit	*Muffin & Fruit
Milk	Milk	Milk	Milk	Milk
AM SNACK	AM SNACK	AM SNACK	AM SNACK	AM SNACK
Belvita Biscuit	Whole Grain Toast	Whole Grain Waffle	Whole Grain Muffins	Pancakes
Fruit	Fruit	Fruit	Fruit	Fruit
Water	Water	Water	Water	Water
HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH
Chicken Tenders	Cheese Quesadillas on Whole Wheat Tortillas	Turkey Cheese Sandwich	Cheese Tortellini	Fettuccine Alfredo
Mashed Potatoes	Black Beans	Corn	Carrots	Peas
Pineapple	Fresh Fruit	Peaches	Fresh Fruit	Diced Pears
Milk	Milk	Milk	Milk	Milk
PM SNACK	PM SNACK	PM SNACK	PM SNACK	PM SNACK
Bagel	Turkey	Yogurt	Pepperoni	Whole Grain Crackers
Cream Cheese	Whole Wheat Crackers	Whole Grain Cheerios	Whole Wheat Tortilla	Sliced Cheese
*Animal Crackers / Fruit or Veggie	*Whole Grain Cheerios / Fruit or Veggie	*Crackers / Fruit or Veggie	*Snack Mix / Fruit or Veggie	*Crackers / Fruit or Veggie
Water	Water	Water	Water	Water

Child's Name: _____

Parent Signature: _____

Date: _____