



## SPRING & SUMMER WEEK 1 MENU

Infants or children with allergies may write the child's name on the menu and CIRCLE items the child MAY eat and turn into your location's Kitchen Manager.

\*Items listed in grey are specific to the Infant classroom ONLY. Formula or breast milk provided by the parent must be served with all meals and snacks.

A vegetarian option will be provided upon request and will consist of a dairy protein and whole grain.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
Cold Cereal Fruit	French Toast Fruit	Yogurt w/ Granola Fruit	Cottage Cheese Fruit	Muffin Fruit
*Cereal & Fruit	*French Toast & Fruit	*Cereal & Fruit	*Cereal & Fruit	*Muffin & Fruit
Milk	Milk	Milk	Milk	Milk
<b>AM SNACK</b>	<b>AM SNACK</b>	<b>AM SNACK</b>	<b>AM SNACK</b>	<b>AM SNACK</b>
Banana Bread Fruit Water	Bagels w/ Cream Cheese Fruit Water	Apple Muffins Fruit Water	Biscuits w/ Fruit Spread Fruit Water	Cinnamon Toast Fruit Water
<b>HEALTHY LUNCH</b>	<b>HEALTHY LUNCH</b>	<b>HEALTHY LUNCH</b>	<b>HEALTHY LUNCH</b>	<b>HEALTHY LUNCH</b>
Turkey Spaghetti Green Beans Peaches Milk	Steak Fingers Mash Potatoes Fresh Fruit Milk	Shepherd's Pie Pineapple Milk	Bean and Cheese tacos Corn Fresh Fruit Milk	Pasta Fagioli Mixed Veggies Diced Pears Milk
<b>PM SNACK</b>	<b>PM SNACK</b>	<b>PM SNACK</b>	<b>PM SNACK</b>	<b>PM SNACK</b>
Animal Crackers Cheese	Cheez-It's Turkey	Pretzel Thins Hummus	Snack Mix Turkey Pepperoni	Whole Grain Crackers Sliced Cheese
*Animal Crackers / Fruit or Veggie	*Cheez-It's / Fruit or Veggie	*Crackers / Fruit or Veggie	*Snack Mix / Fruit or Veggie	*Crackers / Fruit or Veggie
Water	Water	Water	Water	Water

Child's Name: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

Date: \_\_\_\_\_



## SPRING & SUMMER WEEK 2 MENU

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Monday	Tuesday	Wednesday	Thursday	Friday
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
Oatmeal Fruit	Waffles Fruit	Biscuit & Honey Fruit	Cinnamon Toast Fruit	Mini Bagel Fruit
*Cereal & Fruit	*Waffles & Fruit	*Biscuit & Fruit	*Cinnamon Toast & Fruit	*Muffins & Fruit
Milk	Milk	Milk	Milk	Milk
<b>AM SNACK</b>	<b>AM SNACK</b>	<b>AM SNACK</b>	<b>AM SNACK</b>	<b>AM SNACK</b>
Yogurt Parfait Fruit Water	Apple Crisp Fruit Water	Rice Cakes w/ Sun Butter Fruit Water	Whole Grain Pancakes Fruit Water	French Toast Sticks Fruit Water
<b>HEALTHY LUNCH</b>	<b>HEALTHY LUNCH</b>	<b>HEALTHY LUNCH</b>	<b>HEALTHY LUNCH</b>	<b>HEALTHY LUNCH</b>
Taquitos Pinto Beans Peaches Milk	Pizzadilla Mix Veggies Fresh Fruit Milk	Chicken Sandwich Black Beans Pineapple Milk	Pasta Salad Fresh Veggies Fruit Milk	BBQ Meatballs Sliced Bread Corn / Diced Pears Milk
<b>PM SNACK</b>	<b>PM SNACK</b>	<b>PM SNACK</b>	<b>PM SNACK</b>	<b>PM SNACK</b>
Crackers Cheese	Pretzel Thins Turkey Pepperoni	Veggie Straws Cheese	Pita Bread Cream Cheese	Granola Bar Apple Sauce
*Crackers / Fruit or Veggie	*Cereal / Fruit or Veggie	*Puffs / Fruit or Veggie	*Corn Tortilla / Fruit or Veggie	*Crackers / Fruit or Veggie
Water	Water	Water	Water	Water

Child's Name: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

Date: \_\_\_\_\_



## SPRING & SUMMER WEEK 3 MENU

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Monday	Tuesday	Wednesday	Thursday	Friday
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
Hot or Cold Cereal	French Toast	Yogurt w/ Granola	Cottage Cheese	Muffin
Fruit	Fruit	Fruit	Fruit	Fruit
*Cereal & Fruit	*French Toast & Fruit	*Cereal & Fruit	*Cereal & Fruit	*Muffin & Fruit
Milk	Milk	Milk	Milk	Milk
<b>AM SNACK</b>	<b>AM SNACK</b>	<b>AM SNACK</b>	<b>AM SNACK</b>	<b>AM SNACK</b>
Banana Bread	Bagels w/ Cream Cheese	Apple Muffins	Biscuits w/ Fruit Spread	Cinnamon Toast
Fruit	Fruit	Fruit	Fruit	Fruit
Water	Water	Water	Water	Water
<b>HEALTHY LUNCH</b>	<b>HEALTHY LUNCH</b>	<b>HEALTHY LUNCH</b>	<b>HEALTHY LUNCH</b>	<b>HEALTHY LUNCH</b>
Fish Sticks	Whole Grain Chili Mac	Meat, Cheese & Crackers	Cheese Burger	Chicken and Cheese Tacos
Mixed Veggies	Green Beans	Mini Charcuterie	Corn	Peas & Carrots
Pineapple	Fresh Fruit	Fresh Veggies	Mixed Fruit	Peaches
Milk	Milk	Fresh Fruit	Milk	Milk
<b>PM SNACK</b>	<b>PM SNACK</b>	<b>PM SNACK</b>	<b>PM SNACK</b>	<b>PM SNACK</b>
Animal Crackers	Cheez-It's	Pretzel Thins	Snack Mix	Whole Grain Crackers
Cheese	Turkey	Hummus	Pepperoni	Sliced Cheese
*Animal Crackers / Fruit or Veggie	*Cheez-It's / Fruit or Veggie	*Crackers / Fruit or Veggie	*Snack Mix / Fruit or Veggie	*Crackers / Fruit or Veggie
Water	Water	Water	Water	Water

Child's Name: \_\_\_\_\_

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_



## SPRING & SUMMER WEEK 4 MENU

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<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
Oatmeal	Waffles	Biscuit w/ Honey	Cinnamon Toast	Mini Bagel
Fruit	Fruit	Fruit	Fruit	Fruit
*Cereal & Fruit	*Waffles & Fruit	*Biscuit & Fruit	*Cinnamon Toast & Fruit	*Muffins & Fruit
Milk	Milk	Milk	Milk	Milk
<b>AM SNACK</b>	<b>AM SNACK</b>	<b>AM SNACK</b>	<b>AM SNACK</b>	<b>AM SNACK</b>
Yogurt Parfait	Apple Crisp	Rice Cakes w/ Sun Butter	Whole Grain Pancakes	French Toast Sticks
Fruit	Fruit	Fruit	Fruit	Fruit
Water	Water	Water	Water	Water
<b>HEALTHY LUNCH</b>	<b>HEALTHY LUNCH</b>	<b>HEALTHY LUNCH</b>	<b>HEALTHY LUNCH</b>	<b>HEALTHY LUNCH</b>
Fettuccine Alfredo	Cheese Pizza	Orange Chicken & Rice	Turkey Deli Wrap	Swedish Meatballs
Mixed Veggies	Carrots	Green Peas	Fresh Vegetables	Sliced Bread
Peaches	Pineapple	Fresh Fruit	Fresh Fruit	Corn / Diced Pears
Milk	Milk	Milk	Milk	Milk
<b>PM SNACK</b>	<b>PM SNACK</b>	<b>PM SNACK</b>	<b>PM SNACK</b>	<b>PM SNACK</b>
Whole Grain Crackers	Pretzel Thins	Veggie Straws	Pita	Granola Bar
Sliced Cheese	Pepperoni	Cheese Slices	Cream Cheese	Cheese
*Crackers / Fruit or Veggie	*Cereal / Fruit or Veggie	*Puffs / Fruit or Veggie	*Corn Tortilla / Fruit or Veggie	*Crackers / Fruit or Veggie
Water	Water	Water	Water	Water

Child's Name: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

Date: \_\_\_\_\_



## SPRING & SUMMER WEEK 5 MENU

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<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
Hot or Cold Cereal Fruit	French Toast Fruit	Yogurt w/ Granola Fruit	Cottage Cheese & Granola Fruit	Muffin Fruit
*Cereal & Fruit	*French Toast & Fruit	*Cereal & Fruit	*Cereal & Fruit	*Muffin & Fruit
Milk	Milk	Milk	Milk	Milk
<b>AM SNACK</b>	<b>AM SNACK</b>	<b>AM SNACK</b>	<b>AM SNACK</b>	<b>AM SNACK</b>
Banana Bread Fruit Water	Bagels w/ Cream Cheese Fruit Water	Apple Muffins Fruit Water	Biscuits w/ Fruit Spread Fruit Water	Cinnamon Toast Fruit Water
<b>HEALTHY LUNCH</b>	<b>HEALTHY LUNCH</b>	<b>HEALTHY LUNCH</b>	<b>HEALTHY LUNCH</b>	<b>HEALTHY LUNCH</b>
Cheese Tortellini Mixed Veggies Pineapple Milk	Cheese Quesadillas on Corn Tortillas Black Beans Fresh Fruit Milk	Turkey Cheese Sandwich Fresh Veggies Peaches Milk	Chicken Nuggets Carrots Fresh Fruit Milk	Pasta Fagioli Peas Diced Pears Milk
<b>PM SNACK</b>	<b>PM SNACK</b>	<b>PM SNACK</b>	<b>PM SNACK</b>	<b>PM SNACK</b>
Animal Crackers Cheese	Cheez-It's Turkey	Pretzel Thins Hummus	Snack Mix Pepperoni	Whole Grain Crackers Sliced Cheese
*Animal Crackers / Fruit or Veggie	*Cheez-It's / Fruit or Veggie	*Crackers / Fruit or Veggie	*Snack Mix / Fruit or Veggie	*Crackers / Fruit or Veggie
Water	Water	Water	Water	Water

Child's Name: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

Date: \_\_\_\_\_