

# SPRING & SUMMER WEEK 1 MENU

Infants or children with allergies may write the child's name on the menu and CIRCLE items the child MAY eat and turn into your location's Kitchen Manager.

\*Items listed in grey are specific to the Infant classroom ONLY. Formula or breast milk provided by the parent must be served with all meals and snacks.

Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Kolaches	French Toast Sticks	Sausage Pancake Sticks	Cinnamon Raisin Toast	Cereal
Fruit	Fruit	Fruit	Fruit	Bananas
*Cereal & Fruit	*French Toast & Fruit	*Pancakes & Fruit	*Cereal & Fruit	*Cereal & Fruit
Milk	Milk	Milk	Milk	Milk
AM SNACK	AM SNACK	AM SNACK	AM SNACK	AM SNACK
Vanilla Crème Wafers	Sugar Free Jello	Oatmeal Bar	Strawberry Fig Bar	Fruit & Grain Bar
Fruit	Mixed Fruit	Applesauce	Fruit	Fresh Oranges
Water	Water	Water	Water	Water
HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH
Mini Pancakes	Cheesy Chicken & Rice	Turkey Spaghetti	Chicken Nuggets	Turkey Corndogs
Hashbrowns	Broccoli	Green Beans	Mashed Potatoes	Mixed Veggies
Sausage Patty	Fresh Fruit	Pineapple	Fresh Melons	Mixed Fruit
Peaches	Milk	Milk	Milk	Milk
Milk				
PM SNACK	PM SNACK	PM SNACK	PM SNACK	PM SNACK
Animal Crackers	Cheese Crackers	Apple Slices	Veggie Straws	Whole Grain Ritz Crackers
Gogurt	Fresh Oranges	Cheese Cubes	Ranch Dip	Sliced Cheese
*Animal Crackers / Gogurt	*Cheez-It's / Fruit	*Crackers / Fruit	* Veggie Straws / Fruit	*Crackers / Fruit
Water	Water	Water	Water	Water
Child's Name:				-
Parent Signature:		Date:		-



#### SPRING & SUMMER WEEK 2 MENU

Infants or children with allergies may write the child's name on the menu and CIRCLE items the child MAY eat and turn into your location's Kitchen Manager.

\*Items listed in grey are specific to the Infant classroom ONLY. Formula or breast milk provided by the parent must be served with all meals and snacks.

Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Chocolate Chip Muffins	Overnight Oats	Pancakes w/ Syrup	English Muffins w/ CC	Cereal
Fruit	Fresh Berries	Fruit	Fresh Oranges	Bananas
*Cereal & Fruit	*Oatmeal & Fruit	*Pancakes & Fruit	* English Muffins & Fruit	*Cereal & Fruit
Milk	Milk	Milk	Milk	Milk
AM SNACK	AM SNACK	AM SNACK	AM SNACK	AM SNACK
Bel∨ita Bar	Yogurt & Granola	Graham Crackers	Banana Pudding	Fig Bar
Fruit	Fruit	Applesauce	Nilla Wafers	Fruit
Water	Water	Water	Water	Water
HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH
Cheese Ravioli	Popcorn Chicken w/ Sweet & Sour Sauce	Turkey & Cheese Roll Up	Mac N Cheese	BBQ Meatballs
Fresh Salad w/ Ranch	Batsmati Rice	Veggie Straws	Peas & Carrots	Sliced Bread
Mandarin Oranges	Stir Fry Veggies	Apple Slices	Fresh Melons	Corn
Milk	Pineapple	Milk	Milk	Mixed Fruit
	Milk			Milk
PM SNACK	PM SNACK	PM SNACK	PM SNACK	PM SNACK
Crackers	Goldfish	Simply Cheeto Puffs	Rice Cakes	Cereal Trail Mix
Turkey Pepperoni	Fresh Melons	Fresh Fruit	Sunbutter	Gogurt
*Crackers / Fruit or Veggie	*Cereal / Fruit or Veggie	* Veggie Puffs / Fruit or Veggie	*Bread / Fruit or Veggie	*Cereal / Fruit or Veggie
Water	Water	Water	Water	Water
Child's Name:				
Parent Signature:		Date:		



### SPRING & SUMMER WEEK 3 MENU

Infants or children with allergies may write the child's name on the menu and CIRCLE items the child MAY eat and turn into your location's Kitchen Manager.

\*Items listed in grey are specific to the Infant classroom ONLY. Formula or breast milk provided by the parent must be served with all meals and snacks.

Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Kolache	French Toast Sticks	Sausage Pancake Sticks	Cinnamon Raisin Toast	Cheerios
Fruit	Fruit	Fruit	Fruit	Bananas
*Cereal & Yogurt	*French Toast & Fruit	*Pancakes & Fruit	*Cereal & Fruit	*Cereal & Fruit
Milk	Milk	Milk	Milk	Milk
AM SNACK	AM SNACK	AM SNACK	AM SNACK	AM SNACK
Vanilla Crème Wafers	Sugar Free Jello	Oateal Bar	Strawberry Fig bar	Fruit & Grain Bar
Bananas	Mixed Fruit	Applesauce	Fruit	Fruit
Water	Water	Water	Water	Water
HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH
Pasta Salad	Baked Ziti Pasta	Meat, Cheese & Crackers Mini Charcuterie	Pizzadillas	Fish Sticks
Peas	Green Beans	Fresh Veggies	Corn	Mixed Veggies
Pineapple	Fresh Melons	Apple Slices	Diced Peaches	Mixed Fruit
Milk	Milk	Milk	Milk	Milk
PM SNACK	PM SNACK	PM SNACK	PM SNACK	PM SNACK
Animal Crackers	Cheese Crackers	Cheese Cubes	Veggie Straws	Whole Grain Ritz Crackers
Gogurt	Oranges	Pretzels	Ranch Dip	Sliced Cheese
*Animal Crackers / Gogurt	*Puffs / Fruit or Veggies	*Crackers / Fruit or Veggie	*Snack Mix / Fruit or Veggie	*Crackers / Fruit or Veggie
Water	Water	Water	Water	Water
Child's Name:				_
Parent Signature:		Date:		_



## SPRING & SUMMER WEEK 4 MENU

Infants or children with allergies may write the child's name on the menu and CIRCLE items the child MAY eat and turn into your location's Kitchen Manager.

\*Items listed in grey are specific to the Infant classroom ONLY. Formula or breast milk provided by the parent must be served with all meals and snacks.

Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Chocolate Chip Muffins	Overnight Oats	Pancakes w/ Syrup	English Muffins w/ CC	Cheerios
Fruit	Fresh Berries	Fruit	Fruit	Bananas
*Cereal & Fruit	*Oatmeal & Fruit	*Pancakes & Fruit	*English Muffins & Fruit	*Cereal & Fruit
Milk	Milk	Milk	Milk	Milk
AM SNACK	AM SNACK	AM SNACK	AM SNACK	AM SNACK
Belvita Bar	Yogurt & Granola	Graham Crackers	Vanilla Pudding	Fig Bar
Fruit	Bananas	Applesauce	Nilla Wafers	Fruit
Water	Water	Water	Water	Water
HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH
Cheese Pizza	Mariana Meatballs	Orange Chicken	Chicken Salad	Chicken Tenders
Fresh Salad w/ Ranch	California Veggies	Batsmati Rice	Whole Grain Crackers	Mashed Potatoes
Peaches	Pineapple	Stir Fry Veggies	Celery	Fruit Cocktail
Milk	Sliced Bread	Diced Pears	Fresh Melons	Milk
	Milk	Milk	Milk	
PM SNACK	PM SNACK	PM SNACK	PM SNACK	PM SNACK
Crackers	Goldfish	Simply Cheeto Puffs	Rice Cakes	Cereal Trail mix
Turkey Pepperoni	Fresh Melons	Fruit	Sunbutter	Gogurt
*Crackers / Fruit or Veggie	*Goldfish / Fruit or Veggie	*Puffs / Fruit or Veggie	*Bread / Fruit or Veggie	*Cereal / Fruit or Veggie
Water	Water	Water	Water	Water
Child's Name:				
Parent Signature:		Date:		
				-



## SPRING & SUMMER WEEK 5 MENU

Infants or children with allergies may write the child's name on the menu and CIRCLE items the child MAY eat and turn into your location's Kitchen Manager.

\*Items listed in grey are specific to the Infant classroom ONLY. Formula or breast milk provided by the parent must be served with all meals and snacks.

Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Yogurt & Granola	French Toast sticks	Mini Blueberry Muffins	Pancakes	Cereal
Fruit	Fruit	Fruit	Fruit	Bananas
*Yogurt & Fruit	*French Toast & Fruit	*Muffins & Fruit	*Pancakes & Fruit	*Cereal & Fruit
Milk	Milk	Milk	Milk	Milk
AM SNACK	AM SNACK	AM SNACK	AM SNACK	AM SNACK
Belvita Biscuit	Sugar Free Jello	Granola Bar	Banana Pudding	Fruit & Grain Bar
Fruit	Fruit	Fruit	Nilla Wafer	Fruit
Water	Water	Water	Water	Water
HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH
Cheese Quesadillas	Fish Sticks	Turkey Cheese Roll Up	Chicken Spaghetti	Breaded Chicken Sandwich
Corn	Green Beans	Fresh Veggies	Mixed Veggies	Tator Tots
Fresh Fruit	Pineapple	Peaches	Fresh Fruit	Mixed Fruit
Milk	Milk	Milk	Milk	Milk
PM SNACK	PM SNACK	PM SNACK	PM SNACK	PM SNACK
Whole Grain Ritz Crackers	Cheez-It's	Corn Chips	Veggie Straws	Pretzel Thins
Cheese slices & Pepperoni	Gogurt	Cheese Dip	Ranch Dip	Apple Slices
*Crackers / Fruit or Veggie	*Cheez-It's / Gogurt	*Puffs / Fruit or Veggie	*Snack Mix / Fruit or Veggie	*Crackers / Fruit or Veggie
Water	Water	Water	Water	Water
Child's Name:				
Parent Signature:		Date:		_