



SPRING & SUMMER WEEK 1 MENU

Infants or children with allergies may write the child's name on the menu and CIRCLE items the child MAY eat and turn into your location's Kitchen Manager.

*Items listed in grey are specific to the Infant classroom ONLY. Formula or breast milk provided by the parent must be served with all meals and snacks.

A vegetarian option will be provided upon request and will consist of a dairy protein and whole grain.

Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Fruit Loops Yogurt	French Toast Sticks Fruit	Sausage Pancake Sticks Fruit	Cinnamon Raisin Toast Fruit	Cheerios Bananas
*Cereal & Fruit	*French Toast & Fruit	*Pancakes & Fruit	*Cereal & Fruit	*Cereal & Fruit
Milk	Milk	Milk	Milk	Milk
AM SNACK	AM SNACK	AM SNACK	AM SNACK	AM SNACK
Mini Blueberry Muffins Fruit Water	Sugar Free Jello Fruit Water	Graham Crackers Applesauce Water	Banana Pudding Nilla Wafers Water	Fruit & Grain Bar Fruit Water
HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH
Bean and Cheese Tacos Corn Peaches Milk	Cheesy Chicken & Rice Broccoli Fresh Fruit Milk	Turkey Spaghetti Green Beans Pineapple Milk	Chicken Nuggets Mashed Potatoes Fresh Fruit Milk	Cheeseburger Whole Grain Bun Mixed Veggies Fruit Cocktail Milk
PM SNACK	PM SNACK	PM SNACK	PM SNACK	PM SNACK
Animal Crackers Gogurt	Cheez-It's Snapped Fresh Oranges	Apple Slices Cheese Cubes	Veggie Straws Ranch dip	Whole Grain Ritz Crackers Sliced Cheese
*Animal Crackers / Gogurt	*Cheez-It's / Fruit	*Crackers / Fruit	* Veggie Straws / Fruit	*Crackers / Fruit
Water	Water	Water	Water	Water

Child's Name: _____

Parent Signature: _____

Date: _____



SPRING & SUMMER WEEK 2 MENU

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A vegetarian option will be provided upon request and will consist of a dairy protein and whole grain.

Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Kolaches	Overnight Oats	Pancakes w/ Syrup	English Muffins	Cheerios
Fruit	Blueberries	Fruit	Jelly & Cream Cheese	Bananas
*Cereal & Fruit	*Oatmeal & Fruit	*Pancakes & Fruit	* English Muffins & Fruit	*Cereal & Fruit
Milk	Milk	Milk	Milk	Milk
AM SNACK	AM SNACK	AM SNACK	AM SNACK	AM SNACK
Belvita Bar	Yogurt & Granola	Graham Crackers	Flavored Rice Cakes	Fig Bar
Fruit	Fruit	Strawberry Cream Cheese	Sun butter	Fruit
Water	Water	Water	Water	Water
HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH
Cheese Ravioli	Popcorn Chicken w/ Sweet & Sour Sauce	Fish Sticks	Mac N Cheese	BBQ Meatballs
Fresh Salad w/ Ranch	Stir Fry Veggies	California Veggies	Peas & Carrots	Sliced Bread
Mandarin Oranges	Pineapple	Peaches	Fresh Fruit	Corn
Milk	Milk	Milk	Milk	Mixed Fruit
				Milk
PM SNACK	PM SNACK	PM SNACK	PM SNACK	PM SNACK
Pretzel Thins	Goldfish	Veggie Wheat Thins	Garlic Bread	Cereal Trail Mix
Cheese Cubes	Applesauce	Ranch Dip	Marinara Sauce	Gogurt
*Crackers / Fruit or Veggie	*Cereal / Fruit or Veggie	* Veggie Puffs / Fruit or Veggie	*Bread / Fruit or Veggie	*Cereal / Fruit or Veggie
Water	Water	Water	Water	Water
Child's Name: _____				
Parent Signature: _____			Date: _____	



SPRING & SUMMER WEEK 3 MENU

Infants or children with allergies may write the child's name on the menu and CIRCLE items the child MAY eat and turn into your location's Kitchen Manager.

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A vegetarian option will be provided upon request and will consist of a dairy protein and whole grain.

Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Fruit Loops	French Toast Sticks	Sausage Pancake Sticks	Cinnamon Raisin Toast	Cheerios
Yogurt	Fruit	Fruit	Fruit	Bananas
*Cereal & Yogurt	*French Toast & Fruit	*Pancakes & Fruit	*Cereal & Fruit	*Cereal & Fruit
Milk	Milk	Milk	Milk	Milk
AM SNACK	AM SNACK	AM SNACK	AM SNACK	AM SNACK
Mini Blueberry Muffin	Sugar Free Jello	Graham Crackers	Whole Grain Muffins	Fruit & Grain Bar
Fruit	Fruit	Applesauce	Fruit	Fruit
Water	Water	Water	Water	Water
HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH
Pasta Fagioli	Chicken Spaghetti	Meat, Cheese & Crackers Mini Charcuterie	Pizzadillas	Chicken Tenders
Peas	Green Beans	Fresh Veggies	Corn	Mixed Veggies
Pineapple	Fresh Fruit	Apple Slices	Diced Pears	Mixed Fruit
Milk	Milk	Milk	Milk	Milk
PM SNACK	PM SNACK	PM SNACK	PM SNACK	PM SNACK
Animal Crackers	Simply Cheeto Puffs	Cheese Itz Snapped	Veggie Straws	Whole Grain Ritz Crackers
Gogurt	Oranges	Craisins	Ranch Dips	Sliced Cheese
*Animal Crackers / Gogurt	*Puffs / Fruit or Veggies	*Crackers / Fruit or Veggie	*Snack Mix / Fruit or Veggie	*Crackers / Fruit or Veggie
Water	Water	Water	Water	Water

Child's Name: _____

Parent Signature: _____

Date: _____



SPRING & SUMMER WEEK 4 MENU

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A vegetarian option will be provided upon request and will consist of a dairy protein and whole grain.

Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Kolaches	Overnight Oats	Pancakes w/ Syrup	English Muffins	Cheerios
Fruit	Fruit	Fruit	Jelly & Cream Cheese	Bananas
*Cereal & Fruit	*Oatmeal & Fruit	*Pancakes & Fruit	*English Muffins & Fruit	*Cereal & Fruit
Milk	Milk	Milk	Milk	Milk
AM SNACK	AM SNACK	AM SNACK	AM SNACK	AM SNACK
Belvita Bar	Yogurt & Granola	Graham Crackers	Flavored Rice Cakes	Fig Bar
Fruit	Fruit	Strawberry Cream Cheese	Sun butter	Fruit
Water	Water	Water	Water	Water
HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH
Cheese Pizza	Mariana Meatballs	Orange Chicken	Chicken & Cheese Tacos	Beef Steak Fingers
Fresh Salad w/ Ranch	California Veggies	Rice	Black Beans	Mashed Potatoes
Peaches	Pineapple	Stir Fry Veggies	Fresh Fruit	Fruit Cocktail
Milk	Sliced Bread	Diced Pears	Milk	Milk
	Milk	Milk		
PM SNACK	PM SNACK	PM SNACK	PM SNACK	PM SNACK
Pretzel Thins	Goldfish	Veggie What Thins	Garlic Bread	Cereal Trail mix
Cheese Cubes	Applesauce	Ranch Dip	Marinara Sauce	Gogurt
*Crackers / Fruit or Veggie	*Goldfish / Fruit or Veggie	*Puffs / Fruit or Veggie	*Bread / Fruit or Veggie	*Cereal / Fruit or Veggie
Water	Water	Water	Water	Water

Child's Name: _____

Parent Signature: _____

Date: _____



SPRING & SUMMER WEEK 5 MENU

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A vegetarian option will be provided upon request and will consist of a dairy protein and whole grain.

Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Yogurt & Granola Fruit	French Toast sticks Fruit	Mini Blueberry Muffins Fruit	Pancakes Fruit	Cheerios Bananas
*Yogurt & Fruit	*French Toast & Fruit	*Muffins & Fruit	*Pancakes & Fruit	*Cereal & Fruit
Milk	Milk	Milk	Milk	Milk
AM SNACK	AM SNACK	AM SNACK	AM SNACK	AM SNACK
Belvita Biscuit Fruit Water	Sugar Free Jello Fruit Water	Graham Crackers Strawberry Cream Cheese Water	Vanilla Pudding Nilla Wafer Water	Fruit & Grain Bar Fruit Water
HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH
Cheese Quesadillas Black Beans Fresh Fruit Milk	Chicken Parmesan Green Beans Pineapple Milk	Turkey Cheese Sandwich Fresh Veggies Peaches Milk	Pizza Spaghetti Carrots Fresh Fruit Milk	Turkey Corn Dogs Peas Mixed Fruit Milk
PM SNACK	PM SNACK	PM SNACK	PM SNACK	PM SNACK
Whole Grain Ritz Crackers Cheese slices & Pepperoni	Cheez-It's Gogurt	Simply Cheeto Puffs Oranges	Veggie Straws Ranch Dip	Pretzel Thins Apple Slices
*Crackers / Fruit or Veggie	*Cheez-It's / Gogurt	*Puffs / Fruit or Veggie	*Snack Mix / Fruit or Veggie	*Crackers / Fruit or Veggie
Water	Water	Water	Water	Water

Child's Name: _____

Parent Signature: _____

Date: _____