



SPRING & SUMMER WEEK 1 MENU

Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Hot or Cold Cereal	Cinnamon Raisin Bagel	Yogurt w/ Cheerios	Sausage Biscuit	French Toast Sticks
Fruit	Fruit	Fruit	Fruit	Fruit
Milk	Milk	Milk	Milk	Milk
AM SNACK	AM SNACK	AM SNACK	AM SNACK	AM SNACK
Graham Crackers & Fruit	Whole Grain Crackers & Fruit	Veggie Straws & Fruit	Goldfish & Fruit	Very Berry Cereal Mix & Fruit
Water	Water	Water	Water	Water
HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH
Turkey Sloppy Joe Wrap	Cheese Tortellini Alfredo	Pizzadilla	Shell Pasta Marinara	Fish Sticks
Corn	Peas	Mixed Vegetables	Broccoli	Green Beans
Fruit	Mixed Fruit	Pears	Fruit	Applesauce
Milk	Milk	Milk	Milk	Milk
PM SNACK	PM SNACK	PM SNACK	PM SNACK	PM SNACK
Whole Grain Crackers	Goldfish/Pretzels	Cheez-its	Animal Crackers	Graham Crackers w/
Sliced Cheese	Sliced Pepperoni	Orange Slices	Yogurt	Cream Cheese
Water	Water	Water	Water	Water