



SPRING & SUMMER WEEK 3 MENU

Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Hot or Cold Cereal	English Muffin w/ Jam	Sausage Biscuit	Cinnamon Raisin Bagel	Mini Pancakes
Fruit	Fruit	Fruit	Fruit	Fruit
Milk	Milk	Milk	Milk	Milk
AM SNACK	AM SNACK	AM SNACK	AM SNACK	AM SNACK
Cheez-its & Fruit	Very Berry Cereal Mix & Fruit	Veggie Straws & Fruit	Graham Crackers & Fruit	Goldfish & Fruit
Water	Water	Water	Water	Water
HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH
Spinach Parmesan Penne Pasta	Turkey Sloppy Joe Wrap	Fish Sticks	Garden Rotini w/ Cheese	Chicken Nuggets
Steamed Carrots	Peas	Corn	Mixed Vegetables	Green Beans
Fruit	Fruit	Pears	Peaches	Applesauce
Milk	Milk	Milk	Milk	Milk
PM SNACK	PM SNACK	PM SNACK	PM SNACK	PM SNACK
Whole Grain Crackers	Goldfish/Pretzels	Animal Crackers	Cheez-its	Graham Crackers w/
Sliced Cheese	Sliced Pepperoni	Yogurt	Orange Slices	Cream Cheese
Water	Water	Water	Water	Water