



SPRING & SUMMER WEEK 5 MENU

Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Hot or Cold Cereal	Sausage Biscuit	Yogurt w/ Cheerios	Cinnamon Raisin Bagel	Blueberry Waffle
Fruit	Fruit	Fruit	Fruit	Fruit
Milk	Milk	Milk	Milk	Milk
AM SNACK	AM SNACK	AM SNACK	AM SNACK	AM SNACK
Cheez-its & Fruit	Strawberry Cereal Mix & Fruit	Animal Crackers & Fruit	Veggie Straws & Fruit	Whole Grain Crackers & Fruit
Water	Water	Water	Water	Water
HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH
Mini Penne Alfredo	Chicken Nuggets	Cheese Ravioli w/ Marinara	Chicken & Cheese Quesadilla	Fish Sticks
Mixed Vegetables	Green Beans	Peas & Carrots	Broccoli	Corn
Applesauce	Pears	Fruit	Mixed Fruit	Fruit
Milk	Milk	Milk	Milk	Milk
PM SNACK	PM SNACK	PM SNACK	PM SNACK	PM SNACK
Whole Grain Crackers	Animal Crackers	Cheez-its	Goldfish/Pretzels	Graham Crackers w/
Sliced Cheese	Yogurt	Orange Slices	Sliced Pepperoni	Cream Cheese
Water	Water	Water	Water	Water