



## SPRING & SUMMER WEEK 1 MENU

Infants or children with allergies may write the child's name on the menu and CIRCLE items the child MAY eat and turn into your location's Kitchen Manager.

Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Hot or Cold cereal Fruit Milk	Raisin Toast Fruit Milk	Pancakes Fruit Milk	Waffles Fruit Milk	Oatmeal Squares Fruit Milk
AM SNACK	AM SNACK	AM SNACK	AM SNACK	AM SNACK
Whole Grain Belvita Biscuit Orange Slices Water	Muffins Bananas Water	Fig Bars Apple Slices Water	Fresh Fruit Oatmeal Squares Water	Fruit/Grain Bar Sliced Peaches Water
HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH
Turkey & Cheese Sandwiches Corn Pineapple Milk	Mac & Cheese Mixed Veggies Peaches Milk	Dino Nuggets Green Beans Fresh Fruit Milk	Pasta Carrots Mandarin Oranges Milk	Pinto Beans w/ Rice Rolls Green Peas Tropical Fruit Milk
PM SNACK	PM SNACK	PM SNACK	PM SNACK	PM SNACK
String Cheese Sliced Turkey Water	Goldfish Sliced Pineapple Water	Gogurt Granola Water	Cucumber Slices Watermelon Water	Whole Grain Crackers Cheese Slices Water



## SPRING & SUMMER WEEK 2 MENU

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Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cereal	Cinnamon Toast	Pancakes	Waffles	Muffins
Fruit	Fruit	Fruit	Fruit	Fruit
Milk	Milk	Milk	Milk	Milk
AM SNACK	AM SNACK	AM SNACK	AM SNACK	AM SNACK
Cereal & Fruit	Fresh Fruit & Fig bars	Muffins & Melons	Graham Crackers & Yogurt	Fruit/Grain Bar & Bananas
Water	Water	Water	Water	Water
HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH
Fish Sticks	Chicken Salad	Turkey & Cheese Sandwiches	Cheese Pizza	BBQ Chicken Meatballs
Mixed Veggies	Green Beans	Lettuce	Peas & Carrots	Corn
Diced Pears	Tropical Fruit	Peaches	Fresh Fruit	Pineapple
Milk	Milk	Milk	Milk	Milk
PM SNACK	PM SNACK	PM SNACK	PM SNACK	PM SNACK
Gold Fish Crackers	Veggie Straws	GoGurt	Fresh Carrots/Boiled w/ Ranch	Whole Grain Crackers
Watermelon	Cuties	Granola	Orange Slices	Apples
Water	Water	Water	Water	Water



## SPRING & SUMMER WEEK 3 MENU

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Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cereal	Raisin Toast	Waffles	Pancakes	Muffin
Fruit	Fruit	Fruit	Fruit	Fruit
Milk	Milk	Milk	Milk	Milk
AM SNACK	AM SNACK	AM SNACK	AM SNACK	AM SNACK
Belvita Biscuit & Bananas	Fresh Fruit & Muffins	Fig Bars & Apple Slices	Graham Crackers & Yogurt	Fruit/Grain Bar & Melons
Water	Water	Water	Water	Water
HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH
Asian Chicken w/ Rice	Cheese Ravioli	Chili Mac	Chicken Tenders	Taquitos
Mixed Veggies	Green Beans	Peas	Peas & Carrots	Corn
Pineapple	Fresh Fruit	Pears	Fresh Fruit	Peaches
Milk	Milk	Milk	Milk	Milk
PM SNACK	PM SNACK	PM SNACK	PM SNACK	PM SNACK
Gogurt	Goldfish	Cheese-Itz	Veggie Straws	Ritz Crackers
Granola	Sliced Pineapple	Melon	Watermelon	Cuties
Water	Water	Water	Water	Water



## SPRING & SUMMER WEEK 4 MENU

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Monday	Tuesday	Wednesday	Thursday	Friday
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
Oatmeal	Apple Cinnamon Toast	Waffles	Pancakes	Muffins
Fruit	Fruit	Fruit	Fruit	Fruit
Milk	Milk	Milk	Milk	Milk
<b>AM SNACK</b>	<b>AM SNACK</b>	<b>AM SNACK</b>	<b>AM SNACK</b>	<b>AM SNACK</b>
Cereal & Fruit	Fresh Fruit & Fig Bars	Muffins & Bananas	String Cheese & Apple Slice:	Fruit/Grain Bar & Melon
Water	Water	Water	Water	Water
<b>HEALTHY LUNCH</b>	<b>HEALTHY LUNCH</b>	<b>HEALTHY LUNCH</b>	<b>HEALTHY LUNCH</b>	<b>HEALTHY LUNCH</b>
Fish Sticks	Cheese Pizza	Grilled Cheese	Pasta	BBQ Meatballs
Peas & Carrots	Mixed Veggies	Carrots	Green Beans	
Pineapple	Fruit	Diced Pears	Fruit	Mandarin Oranges
Milk	Milk	Milk	Milk	Milk
<b>PM SNACK</b>	<b>PM SNACK</b>	<b>PM SNACK</b>	<b>PM SNACK</b>	<b>PM SNACK</b>
Gogurt	Whole Grain Crackers	Goldfish	Veggie Straws	Pretzel Thins
Granola	Sliced Turkey	Watermelon	Sliced Cheese	Pears
Water	Water	Water	Water	Water



## SPRING & SUMMER WEEK 5 MENU

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Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Hot or Cold Cereal Fruit Milk	Raisin Toast Fruit Milk	Pancakes Fruit Milk	Waffles Fruit Milk	Avocado Toast Fruit Milk
AM SNACK	AM SNACK	AM SNACK	AM SNACK	AM SNACK
Fig Bars & Orange Slices Fruit Water	Fresh Fruit & Muffins Fruit Water	Belvita & Bananas Water	atmeal Squares & Apple Slice Water	Fruit/Grain Bar & Fruit Water
HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH
Quesadilla Mixed Veggies Peaches Milk	Cheese Tortellini Green Beans Fresh Fruit Milk	Chicken Tenders Carrots Pineapple Milk	Chili Mac Green Beans Fresh Fruit Milk	Turkey & Cheese Sandwiches Peas & Carrots Pears Milk
PM SNACK	PM SNACK	PM SNACK	PM SNACK	PM SNACK
Animal Crackers Melon Water	Veggie Straws Pineapple Water	Gogurt Granola Water	Goldfish Watermelon Water	Whole Grain Ritz Cuties Water