



SPRING & SUMMER WEEK 1 MENU

Infants or children with allergies may write the child's name on the menu and CIRCLE items the child MAY eat and turn into your location's Kitchen Manager.

*Items listed in grey are specific to the Infant classroom ONLY. Formula or breast milk provided by the parent must be served with all meals and snacks.

A vegetarian option will be provided upon request and will consist of a dairy protein and whole grain.

FF= Flash Fresh Frozen | WG= Whole Grain

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Hot or Cold Cereal Oranges Milk	French Toast Peaches Milk	Yogurt w/ Granola Bananas Milk	Cottage Cheese (FF) Blueberries Milk	(WG) Muffins Apples Milk
MORNING SNACK	MORNING SNACK	MORNING SNACK	MORNING SNACK	MORNING SNACK
Fig Bar Bananas Water	(WG) Pancakes Mandarin Oranges Water	Biscuits Turkey Sausage Water	(WG) Corn Muffins Strawberries Water	(WG) Cinnamon Toast Peaches Water
HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH
Turkey and Cheese Roll-Up's (WG) Tortillas (FF) Carrots Pineapple Milk	Cheese Lasagna Casserole (FF) Peas Watermelon Milk	Chicken Egg Rolls (FF) Green Beans Peaches Milk	BBQ Meatballs (WW) Bread (FF) Mixed Veggies Fresh Oranges Milk	Chicken Breast Sandwich (FF) Corn Pears Milk
AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK
(WG) Crackers Sunbutter Water	Yogurt Animal Crackers Water	Apple Slices Graham Crackers Water	(WG) Wheat Thins String Cheese Water	Pepperoni Pretzels Water
*Animal Crackers / Fresh Fruit or Fresh Veggie	*Cheez-It's / Fresh Fruit or Fresh Veggie	*WG Crackers / Fresh Fruit or Fresh Veggie	*WG Snack Mix / Fresh Fruit or Fresh Veggie	*WG Crackers / Fresh Fruit or Fresh Veggie

Child's Name: _____

Parent Signature: _____

Date: _____



SPRING & SUMMER WEEK 2 MENU

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Oatmeal Bar Apple Slices Milk	(WG) Pancakes Banana Milk	Biscuits Peaches Milk	(WG) Cinnamon Toast Pineapple Milk	Yogurt (FF) Blueberries Milk
MORNING SNACK	MORNING SNACK	MORNING SNACK	MORNING SNACK	MORNING SNACK
Belvita Bars Pineapple Water	(WG) Toast Egg Water	Yogurt Bananas Water	(WG) Waffles (FF) Strawberries Water	Fruit & Grain Bar Mandarin Oranges Water
HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH
Chicken Nuggets Rolls (FF) Peaches Mashed Potatoes Milk	Bean and Cheese Quesadilla (WG) Tortillas Black Beans Oranges Milk	Cheese Ravioli (FF) Corn Pineapple Milk	Baked Turkey & Brown Rice Casserole (FF) Peas & Carrots Apple Slices Milk	Grilled Cheese (FF) Green Beans Pears Milk
AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK
Veggie Straws Hummus Water	Cheese Sticks Apple Slices Water	(WG) Tortillas Turkey Water	(WG) Fig Bar Oranges Water	(WG) Crackers Cheese Water
*Animal Crackers / Fresh Fruit or Fresh Veggie	*Cheez-It's / Fresh Fruit or Fresh Veggie	*WG Crackers / Fresh Fruit or Fresh Veggie	*WG Snack Mix / Fresh Fruit or Fresh Veggie	*WG Crackers / Fresh Fruit or Fresh Veggie

Child's Name: _____

Parent Signature: _____

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SPRING & SUMMER WEEK 3 MENU

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MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
BREAKFAST		BREAKFAST		BREAKFAST		BREAKFAST		BREAKFAST	
Cold Cereal		Yogurt w/ Granola		Oatmeal Bar		(WG) French Toast		(WG) Muffin	
Bananas		Apple Slices		Pears		Peaches		(FF) Strawberries	
Milk		Milk		Milk		Milk		Milk	
MORNING SNACK		MORNING SNACK		MORNING SNACK		MORNING SNACK		MORNING SNACK	
(WG) French Toast		Biscuit		(WG) Cinnamon Toast		(WG) Corn Muffins		Belvita Bar	
Peaches		Turkey Sausage		(FF) Strawberries		Oranges		Apple Slices	
Water		Water		Water		Water		Water	
HEALTHY LUNCH		HEALTHY LUNCH		HEALTHY LUNCH		HEALTHY LUNCH		HEALTHY LUNCH	
Taquitos		Orange Chicken		Pizzadilla		Chicken Spaghetti		Meat, Cheese, and Crackers Mini Charcuterie Board (FF) Carrots Mandarin Oranges	
Pinto Beans		Steamed Brown Rice		Tossed Salad w/ Ranch		Corn			
Pears		(FF) Mixed Veggies		Pineapple		Watermelon			
Milk		Bananas		Milk		Milk			
AFTERNOON SNACK		AFTERNOON SNACK		AFTERNOON SNACK		AFTERNOON SNACK		AFTERNOON SNACK	
Yogurt		Animal Crackers		Pepperoni		Graham Crackers		Pretzels	
(WG) Cheerios		Apple Slices		(WG) Crackers		Cheese Sticks		Sunbutter	
Water		Water		Water		Water		Water	
*Animal Crackers / Fresh Fruit or Fresh Veggie		*Cheez-It's / Fresh Fruit or Fresh Veggie		*WG Crackers / Fresh Fruit or Fresh Veggie		*WG Snack Mix / Fresh Fruit or Fresh Veggie		*WG Crackers / Fresh Fruit or Fresh Veggie	

Child's Name: _____

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SPRING & SUMMER WEEK 4 MENU

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Oatmeal Bar Apple Slices Milk	(WG) Waffles (FF) Blueberries Milk	Biscuit Peaches Milk	(WG) Cinnamon Toast Pineapple Milk	Yogurt w/ Granola Bananas Milk
MORNING SNACK	MORNING SNACK	MORNING SNACK	MORNING SNACK	MORNING SNACK
Yogurt Bananas Water	Fig Bar Mandarin Oranges Water	(WG) Toast Egg Water	Pancakes (FF) Blueberries Water	Fruit & Grain Bar Peaches Water
HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH
Chicken Tenders (WG) Bread (FF) Mixed Veggies Peaches Milk	Cheese Quesadilla Pinto Beans Apple Slices Milk	(WG) Waffles Turkey Sausage (FF) Green Beans Pears Milk	Chicken Alfredo (FF) Peas & Carrots Oranges Milk	Cheese Pizza Corn Pineapple Milk
AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK
Veggie Straws Hummas Water	Pepperoni (WG) Crackers Water	Graham Crackers Bananas Water	(WG) Tortilla Turkey Water	(WG) Wheat Thins String Cheese Water
*Animal Crackers / Fresh Fruit or Fresh Veggie	*Cheez-It's / Fresh Fruit or Fresh Veggie	*WG Crackers / Fresh Fruit or Fresh Veggie	*WG Snack Mix / Fresh Fruit or Fresh Veggie	*WG Crackers / Fresh Fruit or Fresh Veggie

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SPRING & SUMMER WEEK 5 MENU

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cold Cereal Pears Milk	(WG) French Toast Peaches Milk	Yogurt w/ Granola Bananas Milk	Oatmeal Bars Apple Slices Milk	(WG) Corn Muffins (FF) Blueberries Milk
MORNING SNACK	MORNING SNACK	MORNING SNACK	MORNING SNACK	MORNING SNACK
Pancakes (FF) Strawberries Water	(WG) Cinnamon Toast Pears Water	(WG) Waffles Turkey Sausage Water	Fig Bars Peaches Water	Belvita Bars Oranges Water
HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH
Sloppy Joes Sweet Potato Fries Pineapple Milk	Cheese Tortellini Tossed Salad w/ Ranch Bananas Milk	Turkey & Cheese Sandwich (FF) Green Beans Peaches Milk	Beef Stroganoff (FF) Peas Oranges Milk	Chicken & Cheese Quesadilla Black Beans Pears Milk
AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK
(WG) Crackers String Cheese Water	Graham Crackers Sunbutter Water	Fruit & Grain Bar Apple Slices Water	Yogurt (WG) Cheerios Water	Pretzels Cheese Water
*Animal Crackers / Fresh Fruit or Fresh Veggie	*Cheez-It's / Fresh Fruit or Fresh Veggie	*WG Crackers / Fresh Fruit or Fresh Veggie	*WG Snack Mix / Fresh Fruit or Fresh Veggie	*WG Crackers / Fresh Fruit or Fresh Veggie

Child's Name: _____

Parent Signature: _____

Date: _____