



Menu 1			
Day	AM Snack	Healthy Lunch	PM Snack
Monday	Oranges, (WG) English Muffin	Italian Chicken & Rice, (FF) Steamed Broccoli, (FF) Diced Peaches, Milk	Crackers, Sliced Turkey & Cheese <i>*Infant: Bananas</i>
		VEG: Rice & Broccoli	VEG: No Turkey - Cheese
Tuesday	(FF) Diced Strawberries, Yogurt <i>*Infant: Ritz Crackers</i>	(WG) Chicken Alfredo, Country Veggie Blend, (FF) Mixed Berries, Milk	Corn Muffin, Applesauce
		VEG: Pasta w/ Alfredo Sauce	
Wednesday	Bananas, (WG) Blueberry Muffin	(WG) Turkey & Cheese Melt, Baked Beans, Apple Slices, Milk	(WG) Teddy Grahams, Simply Gogurt <i>*Infant: Diced Peaches</i>
		VEG: Cheese Melt, Baked Beans	
Thursday	(WG) Cinnamon Bug Bites, Yogurt <i>*Infant: Diced Pears</i>	Chicken Jambalaya with Peppers, Onions & Tomatoes, (FF) Diced Mango, Milk	(WG) Bagel w/ Cream Cheese, (FF) Mixed Fruit
		VEG: Jambalaya w/ Pepper, Onion, & Tomato	
Friday	(WG) Cheerios, Pineapple Tidbits	(WG) Cheesy Breadstick, Marinara, Bananas, Milk	(WG) Wheat Thin Crackers, Sliced Cheddar Cheese <i>*Infant: Diced Strawberries</i>
		VEG: Cheesy Breadstick	

Infants or children with allergies may write the child's name on the menu and CIRCLE items the child MAY eat and turn into your location's Kitchen Manager.

**Italicized items apply only to the Infant classroom. Formula or breast milk provided by the parent must be served with all meals and snacks.*

A vegetarian option will be provided upon request and will consist of a dairy protein and whole grain.

FF = Flash Fresh Frozen | WG = Whole Grain | RS = Reduced Sugar

Child's Name: _____ Date: _____

Parent Signature: _____



Menu 2			
Day	AM Snack	Healthy Lunch	PM Snack
Monday	(WG) Toast, Oranges	Diced Chicken, Mashed Potatoes, Spiced Applesauce, (WG) Bread, Milk	Apple Cinnamon Muffin, (FF) Mixed Fruit
		VEG: Quesadilla	
Tuesday	Yogurt, (FF) Mixed Berries <i>*Infant: (WG) Cheerios</i>	Red Beans & Rice, Fiesta Blend Veggies, Diced Pears, Milk	(WG) Graham Crackers, Bananas
		VEG: Red Beans & Rice	
Wednesday	(WG) Bagel w/ Cream Cheese, Oranges	(WG) Cheese Pizza, (FF) Steamed Broccoli, (FF) Diced Peaches, Milk	Yogurt, Tropical Fruit <i>*Infant: Ritz Crackers</i>
		VEG: Cheese Pizza	
Thursday	(WG) Banana Muffin, Bananas	Taco Rice Casserole, Black Beans, Tomatoes & Corn, (FF) Mango Cubes, Milk	(WG) Cheez-Its, Diced Pears
		VEG: Taco Rice Casserole- No Chicken	
Friday	(WG) Kix, Tropical Fruit	Cowboy Stew, (FF) Mixed Fruit, Corn Muffin, Milk	(WG) Bread, Sliced Turkey <i>*Infant: Bananas</i>
		VEG: Cowboy Stew- No Beef	VEG: Cheese

Infants or children with allergies may write the child's name on the menu and CIRCLE items the child MAY eat and turn into your location's Kitchen Manager.

*Italicized items apply only to the Infant classroom. Formula or breast milk provided by the parent must be served with all meals and snacks.

A vegetarian option will be provided upon request and will consist of a dairy protein and whole grain.

FF = Flash Fresh Frozen | WG = Whole Grain | RS = Reduced Sugar

Child's Name: _____ Date: _____

Parent Signature: _____



Menu 3			
Day	AM Snack	Healthy Lunch	PM Snack
Monday	(WG) Cinnamon Bug Bites, Yogurt <i>*Infant: Diced Pears</i>	Chicken Lasagna with Marinara, Apple Slices, Milk	Oyster Crackers, Oranges
		VEG: Cheese Lasagna	
Tuesday	(WG) English Muffin, (FF) Diced Strawberries	Cheesy Chicken Fiesta Over Rice, Seasoned Black Beans, (FF) Diced Peaches, Milk	(WG) Cinnamon Scooby Crackers, Apple Slices
		VEG: Cheesy Fiesta Over Rice	
Wednesday	Yogurt, Bananas <i>*Infant: (WG) Cheerios</i>	Teriyaki Chicken & (WG) Rice, (FF) Broccoli, Diced Pears, Milk	(WG) English Muffin, Tropical Fruit
		VEG: Grilled Cheese	
Thursday	(WG) Pancake Puffs, (FF) Diced Strawberries	Swedish Meatballs (Chicken) & Egg Noodles, Steamed Green Beans, (FF) Mixed Fruit, Milk	Ritz Crackers, Sliced Cheese <i>*Infant: Diced Peaches</i>
		VEG: Quesadilla	
Friday	(WG) Graham Crackers, Bananas	Breakfast for Lunch: Turkey Sausage, Oven Roasted Potatoes, (WG) Waffle, (FF) Mixed Berries, Milk	(WG) Animal Crackers, Oranges
		VEG: No Sausage	

Infants or children with allergies may write the child's name on the menu and CIRCLE items the child MAY eat and turn into your location's Kitchen Manager.

**Italicized items apply only to the Infant classroom. Formula or breast milk provided by the parent must be served with all meals and snacks.*

A vegetarian option will be provided upon request and will consist of a dairy protein and whole grain.

FF = Flash Fresh Frozen | WG = Whole Grain | RS = Reduced Sugar

Child's Name: _____ Date: _____

Parent Signature: _____



Menu 4			
Day	AM Snack	Healthy Lunch	PM Snack
Monday	(WG) Biscuit, Apple Slices	Calico Beans (Kidney, Navy & Baked Beans), Roasted Okra, (FF) Diced Mango, Corn Muffin, Milk	(WG) Flatbread, Bananas
		VEG: Calico Beans	
Tuesday	Yogurt, (FF) Mixed Berries <i>*Infant: Graham Crackers</i>	Chicken & Vegetable Stir Fry with (WG) Brown Rice, Pineapple Tidbits, Milk	(WG) Teddy Grahams, Oranges <i>*Infant: (WG) Cheerios</i>
		VEG: Vegetable Stir Fry	
Wednesday	Cinnamon Raisin Bread, Bananas	(WG) Creamy Mac & Cheese, Roasted Cauliflower, (FF) Diced Peaches, Milk	(WG) Bread, Sliced Turkey <i>*Infant: Diced Pears</i>
		VEG: Mac & Cheese	VEG: Cheese
Thursday	Apple Cinnamon Muffin, Oranges	Chicken & Tortellini Bake, Italian Blend Vegetables, (FF) Diced Strawberries, Milk	(WG) English Muffin, Simply Gogurt <i>*Infant: Pineapple Tidbits</i>
		VEG: Cheese Tortellini	
Friday	(WG) Chex Cereal, Applesauce	Chicken Nuggets, (FF) Steamed Broccoli, (FF) Mixed Fruit, (WG) Bread, Milk	(WG) Wheat Thin Crackers, Bananas
		VEG: Grilled Cheese	

Infants or children with allergies may write the child's name on the menu and CIRCLE items the child MAY eat and turn into your location's Kitchen Manager.

*Italicized items apply only to the Infant classroom. Formula or breast milk provided by the parent must be served with all meals and snacks.

A vegetarian option will be provided upon request and will consist of a dairy protein and whole grain.

FF = Flash Fresh Frozen | WG = Whole Grain | RS = Reduced Sugar

Child's Name: _____ Date: _____

Parent Signature: _____