



# SPRING & SUMMER WEEK 1 MENU

Infants or children with allergies may write the child's name on the menu and CIRCLE items the child MAY eat and turn into your location's Kitchen Manager.

\*Items listed in grey are specific to the Infant classroom ONLY. Formula or breast milk provided by the parent must be served with all meals and snacks.

A vegetarian option will be provided upon request and will consist of a dairy protein and whole grain.

FF= Flash Fresh Frozen | WG= Whole Grain

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Apple Cinnamon Oatmeal Unsweetened Applesauce Milk	Blueberry Whole Grain Muffin Banana Milk	Waffle Fresh Cutie Orange Milk	Pancake Banana Milk	Cinnamon Raisin Toast Unsweetened Applesauce Milk
MORNING SNACK	MORNING SNACK	MORNING SNACK	MORNING SNACK	MORNING SNACK
Belvita Biscuit Fresh Cutie Orange Water	Whole Wheat Raisin Toast Banana Water	Graham Crackers Unsweetened Applesauce Water	Blueberry Whole Grain Muffins Banana Water	Fruit & Grain Bar Fresh Cutie Orange Water
HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH
Bean and Cheese Tacos Steamed Corn Peaches Milk	Baked Turkey Breast w/ Turkey Gravy Steamed Brown Rice Steamed Carrots Fresh Cut Melon Milk	Whole Wheat Breaded Chicken Breast Sandwich Fresh Lettuce & Tomato Mixed Berries Milk	Whole Grain Turkey Spaghetti Steamed Green Beans Fresh Sliced Cantaloupe Milk	Chicken Breakfast Sausage Whole Grain Pancakes Breakfast Potatoes Strawberries Milk
AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK
Animal Crackers Sliced Cheddar Cheese Water	Cheez-It's Water	Pretzel Thins Hummus Water	Whole Grain Snack Mix Turkey Pepperoni Water	Whole Grain Crackers Sliced Swiss Cheese Water
*Animal Crackers / Fresh Fruit or Fresh Veggie	*Cheez-It's / Fresh Fruit or Fresh Veggie	*WG Crackers / Fresh Fruit or Fresh Veggie	*WG Snack Mix / Fresh Fruit or Fresh Veggie	*WG Crackers / Fresh Fruit or Fresh Veggie

Child's Name: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

Date: \_\_\_\_\_



## SPRING & SUMMER WEEK 2 MENU

Infants or children with allergies may write the child's name on the menu and CIRCLE items the child MAY eat and turn into your location's Kitchen Manager.

\*Items listed in grey are specific to the Infant classroom ONLY. Formula or breast milk provided by the parent must be served with all meals and snacks.

A vegetarian option will be provided upon request and will consist of a dairy protein and whole grain.

FF= Flash Fresh Frozen | WG= Whole Grain

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Apple Cinnamon Oatmeal Unsweetened Applesauce Milk	Blueberry Whole Grain Muffin Banana Milk	Waffle Fresh Cutie Orange Milk	Pancake Banana Milk	Cinnamon Raisin Toast Unsweetened Applesauce Milk
MORNING SNACK	MORNING SNACK	MORNING SNACK	MORNING SNACK	MORNING SNACK
Cereal Mix Fresh Cutie Orange Water	Whole Wheat Cinnamon Raisin Bread Banana Water	Whole Grain Fig Bar Unsweetened Applesauce Water	Graham Crackers Banana Water	Fruit & Grain Bar Fresh Cutie Orange Water
HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH
Whole Wheat Breaded Chicken Breast Tenders Steamed Green Beans Peaches Milk	Italian Cheese Ravioli w/ Grated Parmesan Steamed Carrots Mixed Berries Milk	Cheese Quesadilla Black Bean & Corn Salad Fresh Cut Melon Milk	Whole Grain Pasta w/ Alfredo Steamed Broccoli Fresh Sliced Cantaloupe Milk	BBQ Beef Meatballs Whole Wheat Sliced Bread Pineapple Tidbits Steamed Corn Milk
AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK
Animal Crackers Sliced Cheddar Cheese Water	Pretzel Thins Turkey Pepperoni Water	Buddy Grahams Sliced Colby Jack Cheese Water	Whole Wheat Thins Cheese Dip Water	Granola Bar Sliced Swiss Cheese Water
*Animal Crackers / Fresh Fruit or Fresh Veggie	*Cheez-It's / Fresh Fruit or Fresh Veggie	*WG Crackers / Fresh Fruit or Fresh Veggie	*WG Snack Mix / Fresh Fruit or Fresh Veggie	*WG Crackers / Fresh Fruit or Fresh Veggie

Child's Name: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

Date: \_\_\_\_\_



## SPRING & SUMMER WEEK 3 MENU

Infants or children with allergies may write the child's name on the menu and CIRCLE items the child MAY eat and turn into your location's Kitchen Manager.

\*Items listed in grey are specific to the Infant classroom ONLY. Formula or breast milk provided by the parent must be served with all meals and snacks.

A vegetarian option will be provided upon request and will consist of a dairy protein and whole grain.

FF= Flash Fresh Frozen | WG= Whole Grain

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Apple Cinnamon Oatmeal Unsweetened Applesauce Milk	Blueberry Whole Grain Muffin Banana Milk	Waffle Fresh Cutie Orange Milk	Pancake Banana Milk	Cinnamon Raisin Toast Unsweetened Applesauce Milk
MORNING SNACK	MORNING SNACK	MORNING SNACK	MORNING SNACK	MORNING SNACK
Belvita Biscuit Fresh Cutie Orange Water	Whole Wheat Cinnamon Toas Banana Water	Graham Crackers Unsweetened Applesauce Water	Blueberry Whole Grain Muffins Banana Water	Fruit & Grain Bar Fresh Cutie Orange Water
HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH
Bean and Cheese Tacos Steamed Corn Peaches Milk	Baked Turkey Breast w/ Turkey Gravy Steamed Brown Rice Steamed Carrots Fresh Cut Melon Milk	Whole Wheat Breaded Chicken Breast Sandwich w/ Whole Wheat Bread Fresh Lettuce & Tomato Watermelon Milk	Whole Grain Turkey Spaghetti Steamed Green Beans Fresh Sliced Cantaloupe Milk	Chicken Breakfast Sausage Whole Grain Pancakes Breakfast Potatoes Tropical Fruit Milk
AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK
Animal Crackers Sliced Cheddar Cheese Water	Cheez-It's Chicken Water	Pretzel Thins Ranch Dip Water	Whole Grain Snack Mix Turkey Pepperoni Water	Whole Grain Crackers Cheese Stick Water
*Animal Crackers / Fresh Fruit or Fresh Veggie	*Cheez-It's / Fresh Fruit or Fresh Veggie	*WG Crackers / Fresh Fruit or Fresh Veggie	*WG Snack Mix / Fresh Fruit or Fresh Veggie	*WG Crackers / Fresh Fruit or Fresh Veggie

Child's Name: \_\_\_\_\_

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_



## SPRING & SUMMER WEEK 4 MENU

Infants or children with allergies may write the child's name on the menu and CIRCLE items the child MAY eat and turn into your location's Kitchen Manager.

\*Items listed in grey are specific to the Infant classroom ONLY. Formula or breast milk provided by the parent must be served with all meals and snacks.

A vegetarian option will be provided upon request and will consist of a dairy protein and whole grain.

FF= Flash Fresh Frozen | WG= Whole Grain

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Apple Cinnamon Oatmeal Unsweetened Applesauce Milk	Blueberry Whole Grain Muffin Banana Milk	Waffle Fresh Cutie Orange Milk	Pancake Banana Milk	Cinnamon Raisin Toast Unsweetened Applesauce Milk
MORNING SNACK	MORNING SNACK	MORNING SNACK	MORNING SNACK	MORNING SNACK
Original Cheerios Fresh Cutie Orange Water	Cereal Mix Banana Water	Whole Grain Fig Bar Unsweetened Applesauce Water	Lonestar Cheese Crackers Banana Water	Fruit & Grain Bar Fresh Cutie Orange Water
HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH
Whole Wheat Breaded Chicken Breast Tenders Steamed Green Beans Peaches Milk	Italian Cheese Ravioli w/ Grated Parmesan Steamed Carrots Mixed Berries Milk	Oven Roasted Black Bean Burger White Burger Bun Fresh Lettuce & Tomato Fresh Cut Melon Milk	Whole Grain Pasta w/ Alfredo Steamed California Veggies Mandarin Oranges Milk	BBQ Chicken Meatballs Whole Wheat Sliced Bread Banana Steamed Corn Milk
AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK
Animal Crackers Sliced Cheddar Cheese Water	Pretzel Thins Turkey Pepperoni Water	Buddy Grahams Colby Jack Cheese Water	Wafers Milk	Granola Bar Cheese Stick Water
*Animal Crackers / Fresh Fruit or Fresh Veggie	*Cheez-It's / Fresh Fruit or Fresh Veggie	*WG Crackers / Fresh Fruit or Fresh Veggie	*WG Snack Mix / Fresh Fruit or Fresh Veggie	*WG Crackers / Fresh Fruit or Fresh Veggie

Child's Name: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

Date: \_\_\_\_\_



## SPRING & SUMMER WEEK 5 MENU

Infants or children with allergies may write the child's name on the menu and CIRCLE items the child MAY eat and turn into your location's Kitchen Manager.

\*Items listed in grey are specific to the Infant classroom ONLY. Formula or breast milk provided by the parent must be served with all meals and snacks.

A vegetarian option will be provided upon request and will consist of a dairy protein and whole grain.

FF= Flash Fresh Frozen | WG= Whole Grain

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Apple Cinnamon Oatmeal Unsweetened Applesauce Milk	Blueberry Whole Grain Muffin Banana Milk	Waffle Fresh Cutie Orange Milk	Pancake Banana Milk	Cinnamon Raisin Toast Unsweetened Applesauce Milk
MORNING SNACK	MORNING SNACK	MORNING SNACK	MORNING SNACK	MORNING SNACK
Belvita Biscuit Fresh Cutie Orange Water	Cheerios Banana Water	Graham Crackers Unsweetened Applesauce Water	Blueberry Whole Grain Muffins Banana Water	Fruit & Grain Bar Fresh Cutie Orange Water
HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH
Bean and Cheese Tacos Steamed Corn Peaches Milk	Whole Wheat Breaded Chicken Breast Tenders Steamed Green Beans Strawberries Milk	Whole Grain Pasta Fagioli Steamed Peas Mixed Berries Milk	Whole Grain Mac n' Cheese Unsweetened Applesauce Steamed Carrots Milk	BBQ Chicken Meatballs Whole Wheat Sliced Bread Banana Steamed Corn Milk
AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK
Animal Crackers Sliced Cheddar Cheese Water	Cheez-It's Water	Pretzel Thins Hummus Water	Whole Grain Snack Mix Water	Whole Grain Crackers Cheese Sticks Water
*Animal Crackers / Fresh Fruit or Fresh Veggie	*Cheez-It's / Fresh Fruit or Fresh Veggie	*WG Crackers / Fresh Fruit or Fresh Veggie	*WG Snack Mix / Fresh Fruit or Fresh Veggie	*WG Crackers / Fresh Fruit or Fresh Veggie

Child's Name: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

Date: \_\_\_\_\_