



Menu 1			
Day	AM Snack	Healthy Lunch	PM Snack
Monday	Oranges, Yogurt <i>*Infant: Oranges, Ritz Crackers</i>	Sweet & Sour Chicken, (WG) Brown Rice, (FF) Steamed Broccoli, (FF) Diced Peaches, Milk	Crackers, Sliced Turkey & Cheese <i>*Infant: Crackers, Bananas</i>
		VEG: Rice & Broccoli	VEG: No Turkey
Tuesday	(FF) Diced Strawberries, (WG) English Muffin	(WG) Chicken Alfredo, Country Veggie Blend, (FF) Mixed Berries, Milk	Corn Muffin, Applesauce
		VEG: Pasta w/ Alfredo Sauce	
Wednesday	Bananas, (WG) Blueberry Muffin	(WG) Turkey & Cheese Melt, Baked Beans, Apple Slices, Milk	(WG) Teddy Grahams, Simply Gogurt <i>*Infant: Diced Peaches</i>
		VEG: Cheese Melt, Baked Beans	
Thursday	(WG) Cinnamon Bug Bites, Pineapple Tidbits	Chicken Tenders, Corn, Fresh Melon, Milk	(WG) Bagel w/ Cream Cheese, Oranges
		VEG: Quesadilla	
Friday	(WG) Cheerios, Yogurt <i>*Infant: (WG) Cheerios, Diced Pears</i>	(WG) Cheesy Breadstick, Marinara, Green Beans, Bananas, Milk	(WG) Wheat Thin Crackers, Sliced Cheddar Cheese <i>*Infant: Crackers, Fresh Melon</i>
		VEG: Cheesy Breadstick	

Infants or children with allergies may write the child's name on the menu and CIRCLE items the child MAY eat and turn into your location's Kitchen Manager.

****Italicized items apply only to the Infant classroom. Formula or breast milk provided by the parent must be served with all meals and snacks.***

A vegetarian option will be provided upon request and will consist of a dairy protein and whole grain.

FF = Flash Fresh Frozen | WG = Whole Grain | RS = Reduced Sugar

Child's Name: _____ Date: _____

Parent Signature: _____



Menu 2			
Day	AM Snack	Healthy Lunch	PM Snack
Monday	(WG) Toast, Oranges	Diced Chicken, Broccoli, (FF) Diced Mango, (WG) Bread, Milk	Apple Cinnamon Muffin, Spiced Applesauce
		VEG: Quesadilla	
Tuesday	Yogurt, (FF) Mixed Berries <i>*Infant: (FF) Mixed Berries, (WG) Cheerios</i>	Red Beans & (WG) Rice, Fiesta Blend Veggies, Diced Pears, Milk	(WG) Graham Crackers, Bananas
		VEG: Red Beans & Rice	
Wednesday	(WG) Bagel w/ Cream Cheese, (FF) Diced Peaches	(WG) Cheese Pizza, Mixed Veggies, Fresh Melon, Milk	Yogurt, Oranges <i>*Infant: Oranges, Ritz Crackers</i>
		VEG: Cheese Pizza	
Thursday	(WG) Banana Muffin, Bananas	Teriyaki Chicken with (WG) Brown Rice, Stir Fry Veggies, (FF) Strawberries, Milk	(WG) Bread, Sliced Turkey <i>*Infant: Bread, Bananas</i>
		VEG: Rice & Stir Fry Veggies	VEG: Cheese
Friday	(WG) Kix, Apple Slices	Cowboy Stew, (FF) Diced Peaches, Corn Muffin, Milk	(WG) Cheez-Its, Diced Pears <i>*Infant: Crackers, Diced Pears</i>
		VEG: Cowboy Stew- No Beef	

Infants or children with allergies may write the child's name on the menu and CIRCLE items the child MAY eat and turn into your location's Kitchen Manager.

****Italicized items apply only to the Infant classroom. Formula or breast milk provided by the parent must be served with all meals and snacks.***

A vegetarian option will be provided upon request and will consist of a dairy protein and whole grain.

FF = Flash Fresh Frozen | WG = Whole Grain | RS = Reduced Sugar

Child's Name: _____ Date: _____

Parent Signature: _____



Menu 3			
Day	AM Snack	Healthy Lunch	PM Snack
Monday	(WG) Cinnamon Bug Bites, Yogurt <i>*Infant: (WG) Cinnamon Bug Bites, Diced Pears</i>	Cheesy Chicken Fiesta Over Rice, Seasoned Black Beans, Apple Slices, Milk	Crackers, (FF) Diced Peaches
		VEG: Cheesy Fiesta Over Rice	
Tuesday	(WG) English Muffin, (FF) Diced Strawberries	(WG) Chicken Penne with Marinara, Apple Slices, Milk	(WG) Cinnamon Scooby Crackers, Oranges
		VEG: Penne with Marinara	
Wednesday	(WG) English Muffin, Bananas	Taco Rice Bowl, Corn, (FF) Mango, Milk	Yogurt, (FF) Mixed Berries <i>*Infant: (FF) Mixed Berries, (WG) Cheerios</i>
		VEG: Taco Rice Bowl- No Beef	
Thursday	(WG) Pancake Puffs, (FF) Diced Strawberries	Swedish Meatballs (Chicken) & Egg Noodles, Green Beans, Diced Pears, Milk	Ritz Crackers, Sliced Cheese <i>*Infant: Diced Peaches</i>
		VEG: Quesadilla	
Friday	(WG) Graham Crackers, Banana	Breakfast for Lunch: Turkey Sausage, Oven Roasted Potatoes, (WG) Waffle, Fresh Melon, Milk	(WG) Animal Crackers, Oranges
		VEG: No Sausage	

Infants or children with allergies may write the child's name on the menu and CIRCLE items the child MAY eat and turn into your location's Kitchen Manager.

Italicized items apply only to the Infant classroom. *Formula or breast milk provided by the parent must be served with all meals and snacks.

A vegetarian option will be provided upon request and will consist of a dairy protein and whole grain.

FF = Flash Fresh Frozen | WG = Whole Grain | RS = Reduced Sugar

Child's Name: _____ Date: _____

Parent Signature: _____



Menu 4			
Day	AM Snack	Healthy Lunch	PM Snack
Monday	(WG) Biscuit, Apple Slices / Applesauce	BBQ Chicken Meatballs, Baked Beans, (FF) Diced Mango, (WG) Bread, Milk	(WG) Flatbread, Bananas
		VEG: Quesadilla, Baked Beans	
Tuesday	Yogurt, (FF) Mixed Berries <i>*Infant: Graham Crackers</i>	Chicken & Vegetable Stir Fry with Brown Rice, Pineapple Tidbits, Milk	(WG) Teddy Grahams, Oranges <i>*Infant: (WG) Cheerios</i>
		VEG: Vegetable Stir Fry	
Wednesday	Cinnamon Raisin Bread, Bananas	(WG) Creamy Mac & Cheese, Green Beans, Fresh Melon, Milk	(WG) Bread, Sliced Turkey <i>*Infant: (WG) Bread, Diced Peaches</i>
		VEG: Mac & Cheese	VEG: Cheese
Thursday	Apple Cinnamon Muffin, Oranges	Chicken & Tortellini Bake, Mixed Veggies, (FF) Diced Peaches, Milk	(WG) English Muffin, Simply Gogurt <i>*Infant: (WG) English Muffin, Diced Pears</i>
		VEG: Cheese Tortellini	
Friday	(WG) Chex Cereal, Applesauce	Chicken Nuggets, Peas n' Carrots, (FF) Diced Strawberries, (WG) Bread, Milk	(WG) Wheat Thin Crackers, Bananas <i>*Infants: Crackers, Banana</i>
		VEG: Grilled Cheese	

Infants or children with allergies may write the child's name on the menu and CIRCLE items the child MAY eat and turn into your location's Kitchen Manager.

****Italicized items apply only to the Infant classroom. Formula or breast milk provided by the parent must be served with all meals and snacks.***

A vegetarian option will be provided upon request and will consist of a dairy protein and whole grain.

FF = Flash Fresh Frozen | WG = Whole Grain | RS = Reduced Sugar

Child's Name: _____ Date: _____

Parent Signature: _____