



Menu 1			
Day	AM Snack	Healthy Lunch	PM Snack
Monday	Oranges, Yogurt <i>Ritz Crackers</i>	Sweet & Sour Chicken, (WG) Brown Rice, (FF) Steamed Broccoli, (FF) Diced Peaches, Milk	Crackers, Sliced Turkey & Cheese <i>*Infant: Bananas</i>
		VEG: Rice & Broccoli	VEG: No Turkey
Tuesday	(FF) Diced Strawberries, (WG) English Muffin	(WG) Chicken Alfredo, Country Veggie Blend, (FF) Mixed Berries, Milk	Corn Muffin, Applesauce
		VEG: Pasta w/ Alfredo Sauce	
Wednesday	Bananas, (WG) Blueberry Muffin	(WG) Turkey & Cheese Melt, Baked Beans, Apple Slices, Milk	(WG) Teddy Grahams, Simply Gogurt <i>*Infant: Diced Peaches</i>
		VEG: Cheese Melt, Baked Beans	
Thursday	(WG) Cinnamon Bug Bites, Pineapple Tidbits	Chicken Tenders, Corn, Fresh Melon, Milk	(WG) Bagel w/ Cream Cheese, (FF) Mango
		VEG: Quesadilla	
Friday	(WG) Cheerios, Yogurt <i>*Infant: Diced Pears</i>	(WG) Cheesy Breadstick with Marinara, Green Beans, Bananas, Milk	(WG) Wheat Thin Crackers, Sliced Cheddar Cheese <i>*Infant: Diced Strawberries</i>
		VEG: Cheesy Breadstick	

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**Italicized items apply only to the Infant classroom. Formula or breast milk provided by the parent must be served with all meals and snacks.*

A vegetarian option will be provided upon request and will consist of a dairy protein and whole grain.

FF = Flash Fresh Frozen | WG = Whole Grain | RS = Reduced Sugar

Child's Name: _____ Date: _____

Parent Signature: _____



Menu 2			
Day	AM Snack	Healthy Lunch	PM Snack
Monday	(WG) Toast, Oranges	Diced Chicken, Broccoli, Spiced Applesauce, (WG) Bread, Milk	Apple Cinnamon Muffin, (FF) Diced Mango
		VEG: Quesadilla	
Tuesday	Yogurt, (FF) Mixed Berries <i>*Infant: (WG) Cheerios</i>	Red Beans & (WG) Rice, Fiesta Blend Veggies, Diced Pears, Milk	(WG) Graham Crackers, Bananas
		VEG: Red Beans & Rice	
Wednesday	(WG) Bagel w/ Cream Cheese, (FF) Diced Peaches	(WG) Cheese Pizza, Mashed Potatoes, Fresh Melon, Milk	Yogurt, Oranges <i>*Infant: Ritz Crackers</i>
		VEG: Cheese Pizza	
Thursday	(WG) Banana Muffin, Bananas	Teriyaki Chicken with (WG) Brown Rice, Stir Fry Veggies, (FF) Mango, Milk	(WG) Cheez-Its, Diced Pears
		VEG: Rice & Stir Fry Veggies	
Friday	(WG) Kix, Apple Slices	Cowboy Stew, (FF) Diced Peaches, Corn Muffin, Milk	(WG) Bread, Sliced Turkey <i>*Infant: Bananas</i>
		VEG: Cowboy Stew- No Beef	VEG: Cheese

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Menu 3			
Day	AM Snack	Healthy Lunch	PM Snack
Monday	(WG) Cinnamon Bug Bites, Yogurt <i>*Infant: Diced Pears</i>	Cheesy Chicken Fiesta Over Rice, Seasoned Black Beans, Apple Slices, Milk	Crackers, (FF) Diced Peaches
		VEG: Cheesy Fiesta Over Rice	
Tuesday	(WG) English Muffin, (FF) Diced Strawberries	(WG) Chicken Penne with Marinara, Oranges, Milk	(WG) Cinnamon Scooby Crackers, Apple Slices
		VEG: Penne with Marinara	
Wednesday	Yogurt, Bananas <i>*Infant: (WG) Cheerios</i>	Taco Rice Bowl, Corn, (FF) Mango, Milk	(WG) English Muffin, (FF) Mixed Berries
		VEG: Taco Rice Bowl- No Beef	
Thursday	(WG) Pancake Puffs, (FF) Diced Strawberries	Swedish Meatballs (Chicken) & Egg Noodles, Green Beans, Diced Pears, Milk	Ritz Crackers, Sliced Cheese <i>*Infant: Diced Peaches</i>
		VEG: Quesadilla	
Friday	(WG) Graham Crackers, Mango	Breakfast for Lunch: Turkey Sausage, Oven Roasted Potatoes, (WG) Waffle, Fresh Melon, Milk	(WG) Animal Crackers, Oranges
		VEG: No Sausage	

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Menu 4			
Day	AM Snack	Healthy Lunch	PM Snack
Monday	(WG) Biscuit, Apple Slices	BBQ Chicken Meatballs, Baked Beans, (FF) Diced Mango, (WG) Bread, Milk	(WG) Flatbread, Bananas
		VEG: Quesadilla, Baked Beans	
Tuesday	Yogurt, (FF) Mixed Berries <i>*Infant: Graham Crackers</i>	Chicken & Vegetable Stir Fry with Brown Rice, Pineapple Tidbits, Milk	(WG) Teddy Grahams, Oranges <i>*Infant: (WG) Cheerios</i>
		VEG: Vegetable Stir Fry	
Wednesday	Cinnamon Raisin Bread, Bananas	(WG) Creamy Mac & Cheese, Green Beans, (FF) Diced Strawberries, Milk	(WG) Bread, Sliced Turkey <i>*Infant: Diced Peaches</i>
		VEG: Mac & Cheese	VEG: Cheese
Thursday	Apple Cinnamon Muffin, Oranges	Chicken & Tortellini Bake, Italian Blend Vegetables, (FF) Diced Peaches, Milk	(WG) English Muffin, Simply Gogurt <i>*Infant: Diced Pears</i>
		VEG: Cheese Tortellini	
Friday	(WG) Chex Cereal, Applesauce	Chicken Nuggets, Broccoli, Fresh Melon, (WG) Bread, Milk	(WG) Wheat Thin Crackers, Bananas
		VEG: Grilled Cheese	

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