



Menu 1			
Day	AM Snack	Healthy Lunch	PM Snack
Monday	Oranges, Yogurt <i>*Infant: Ritz Crackers</i>	Sweet & Sour Chicken, (WG) Brown Rice, (FF) Steamed Broccoli, (FF) Diced Peaches, Milk	Crackers, Sliced Turkey & Cheese <i>*Infant: Bananas</i>
		VEG: Rice & Broccoli	VEG: No Turkey
Tuesday	(FF) Diced Strawberries, (WG) English Muffin	(WG) Chicken Alfredo, Country Veggie Blend, (FF) Mixed Berries, Milk	Corn Muffin, Applesauce
		VEG: Pasta w/ Alfredo Sauce	
Wednesday	Bananas, (WG) Blueberry Muffin	(WG) Turkey & Cheese Melt, Baked Beans, Apple Slices, Milk	(WG) Teddy Grahams, Simply Gogurt <i>*Infant: Diced Peaches</i>
		VEG: Cheese Melt, Baked Beans	
Thursday	(WG) Cinnamon Bug Bites, Pineapple Tidbits	Chicken Tenders, Corn, Fresh Melon, Milk	(WG) Bagel w/ Cream Cheese, (FF) Mango
		VEG: Quesadilla	
Friday	(WG) Cheerios, Yogurt <i>*Infant: Diced Pears</i>	(WG) Cheesy Breadstick, Marinara, Green Beans, Bananas, Milk	(WG) Wheat Thin Crackers, Sliced Cheddar Cheese <i>*Infant: Diced Strawberries</i>
		VEG: Cheesy Breadstick with Buttered Pasta	

Infants or children with allergies may write the child's name on the menu and CIRCLE items the child MAY eat and turn into your location's Kitchen Manager. *Italicized

items apply only to the Infant classroom. Formula or breast milk provided by the parent must be served with all meals and snacks.

A vegetarian option will be provided upon request and will consist of a dairy protein and whole grain.

FF = Flash Fresh Frozen | WG = Whole Grain | RS = Reduced Sugar

Child's Name: _____ Date: _____

Parent Signature: _____



Menu 2			
Day	AM Snack	Healthy Lunch	PM Snack
Monday	(WG) Toast, Oranges	Diced Chicken, Broccoli, Spiced Applesauce, (WG) Bread, Milk	Apple Cinnamon Muffin, (FF) Diced Mango
		VEG: Quesadilla	
Tuesday	Yogurt, (FF) Mixed Berries <i>*Infant: (WG) Cheerios</i>	Red Beans & (WG) Rice, Fiesta Blend Veggies, Diced Pears, Milk	(WG) Graham Crackers, Bananas
		VEG: Red Beans & Rice	
Wednesday	(WG) Bagel w/ Cream Cheese, (FF) Diced Peaches	Cowboy Stew, (FF) Diced Peaches, Corn Muffin, Milk	Yogurt, Oranges <i>*Infant: Ritz Crackers</i>
		VEG: Cheese Pizza	
Thursday	(WG) Banana Muffin, Bananas	Teriyaki Chicken with (WG) Brown Rice, Stir Fry Veggies, (FF) Mango, Milk	(WG) Cheez-Its, Diced Pears
		VEG: Rice & Stir Fry Veggies	
Friday	(WG) Kix, Apple Slices	(WG) Cheese Pizza, Mashed Potatoes, Fresh Melon, Milk	(WG) Bread, Sliced Turkey <i>*Infant: Bananas</i>
		VEG: Cowboy Stew- No Beef	VEG: Cheese

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Menu 3			
Day	AM Snack	Healthy Lunch	PM Snack
Monday	(WG) Cinnamon Bug Bites, Yogurt <i>*Infant: Diced Pears</i>	Cheesy Chicken Fiesta Over Rice, Seasoned Black Beans, Apple Slices, Milk	Crackers, (FF) Diced Peaches
		VEG: Cheesy Fiesta Over Rice	
Tuesday	(WG) English Muffin, (FF) Diced Strawberries	(WG) Chicken Penne with Marinara, Oranges, Milk	(WG) Cinnamon Scooby Crackers, Apple Slices
		VEG: Penne with Marinara	
Wednesday	Yogurt, Bananas <i>*Infant: (WG) Cheerios</i>	Taco Rice Bowl, Corn, (FF) Mango, Milk	(WG) English Muffin, (FF) Mixed Berries
		VEG: Taco Rice Bowl- No Beef	
Thursday	(WG) Pancake Puffs, (FF) Diced Strawberries	Swedish Meatballs (Chicken) & Egg Noodles, Green Beans, Diced Pears, Milk	Ritz Crackers, Sliced Cheese <i>*Infant: Diced Peaches</i>
		VEG: Quesadilla	
Friday	(WG) Graham Crackers, Mango	Breakfast for Lunch: Turkey Sausage, Oven Roasted Potatoes, (WG) Waffle, Fresh Melon, Milk	(WG) Animal Crackers, Oranges
		VEG: No Sausage	

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Menu 4			
Day	AM Snack	Healthy Lunch	PM Snack
Monday	(WG) Biscuit, Apple Slices	BBQ Chicken Meatballs, Baked Beans, (FF) Diced Mango, (WG) Bread, Milk	(WG) Flatbread, Bananas
		VEG: Quesadilla, Baked Beans	
Tuesday	Yogurt, (FF) Mixed Berries <i>*Infant: Graham Crackers</i>	Chicken & Vegetable Stir Fry with Brown Rice, Pineapple Tidbits, Milk	(WG) Teddy Grahams, Oranges <i>*Infant: (WG) Cheerios</i>
		VEG: Vegetable Stir Fry	
Wednesday	Cinnamon Raisin Bread, Bananas	(WG) Creamy Mac & Cheese, Green Beans, (FF) Diced Strawberries, Milk	(WG) Bread, Sliced Turkey <i>*Infant: Diced Peaches</i>
		VEG: Mac & Cheese	VEG: Cheese
Thursday	Apple Cinnamon Muffin, Oranges	Chicken & Tortellini Bake, Italian Blend Vegetables, (FF) Diced Peaches, Milk	(WG) English Muffin, Simply Gogurt <i>*Infant: Diced Pears</i>
		VEG: Cheese Tortellini	
Friday	(WG) Chex Cereal, Applesauce	Chicken Nuggets, Broccoli, Fresh Melon, (WG) Bread, Milk	(WG) Wheat Thin Crackers, Bananas
		VEG: Grilled Cheese	

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